

# OPEN UP



**USAID**  
FROM THE AMERICAN PEOPLE

**Breakthrough**  
**ACTION**  
FOR SOCIAL & BEHAVIOR CHANGE



# Instructions.

## ROUND 1

In this round, you should get to know your partner.

Each card is numbered; please use the cards in order. If you think any cards are missing, please ask your facilitator.

Both the young person and the provider should answer each question, taking just 1 or 2 minutes each.

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## The Pledge.

*Each participant must read this aloud to the other participant, as a commitment to an honest and open dialogue.*

I commit to an open, honest and respectful dialogue.

I pledge to truly see you and hear you.

I will keep what you tell me private and confidential.

I will keep an open mind to understand and respect you as a whole person.

**Both participants must read this aloud to one another.**

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## Get to know your partner

Where did you grow up?

What kinds of things do  
you enjoy doing?

**Both participants should answer.**

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## Get to know your partner

What do you love most  
about yourself?

**Both participants should answer.**

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## Goals

Name two things you would you like to achieve in the next two years.

What, if anything, would stop you from achieving them?

**Both participants should answer.**

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## Random

Who in your life inspires you, and why?

**Both participants should answer.**

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## Priorities

How important is it to  
get married?

**Both participants should answer.**

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## Relationships

How should a partner who loves you, show you they love you?

**Both participants should answer.**

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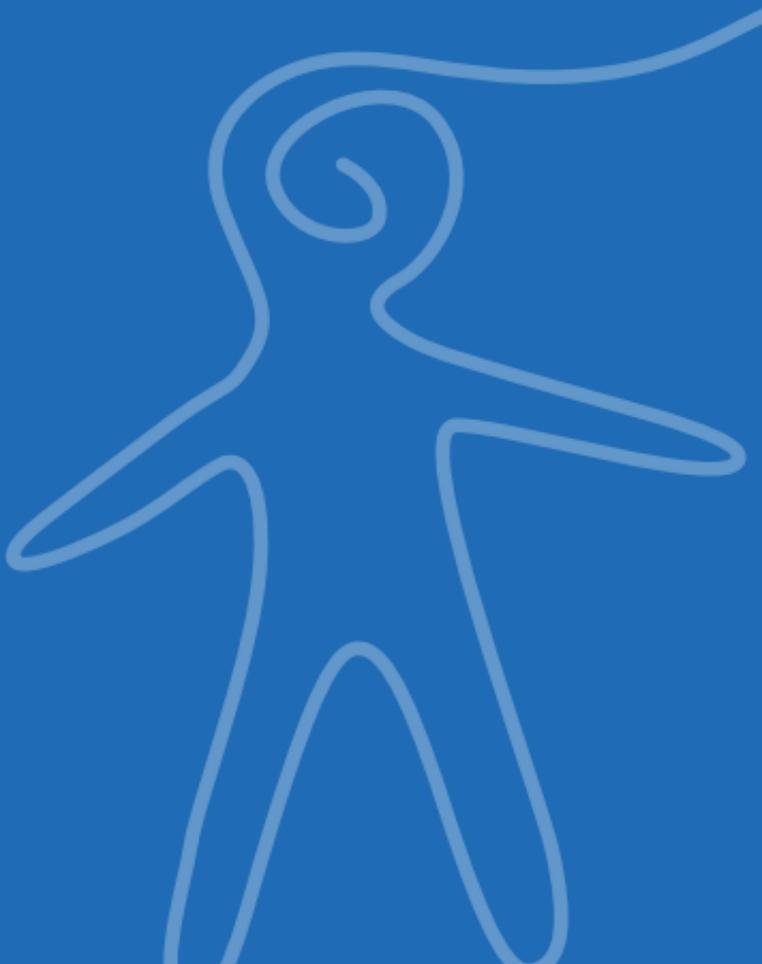
## Relationships

Should there be separate roles for men and women in a household?

Why or why not?

**Both participants should answer.**

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## Relationships

What is a good age to get married? Have a first child?

Is this different for young men and young women? Why?

**Both participants should answer.**

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## Sex & Pregnancy

Why might a young woman worry about having an unplanned pregnancy?

How is this the same or different for young men?

**Both participants should answer.**

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## Consent

Do you think it can be unsafe for a young woman to say “no” to sex?

If yes, in what situation?

**Both participants should answer.  
Young person should answer first.**

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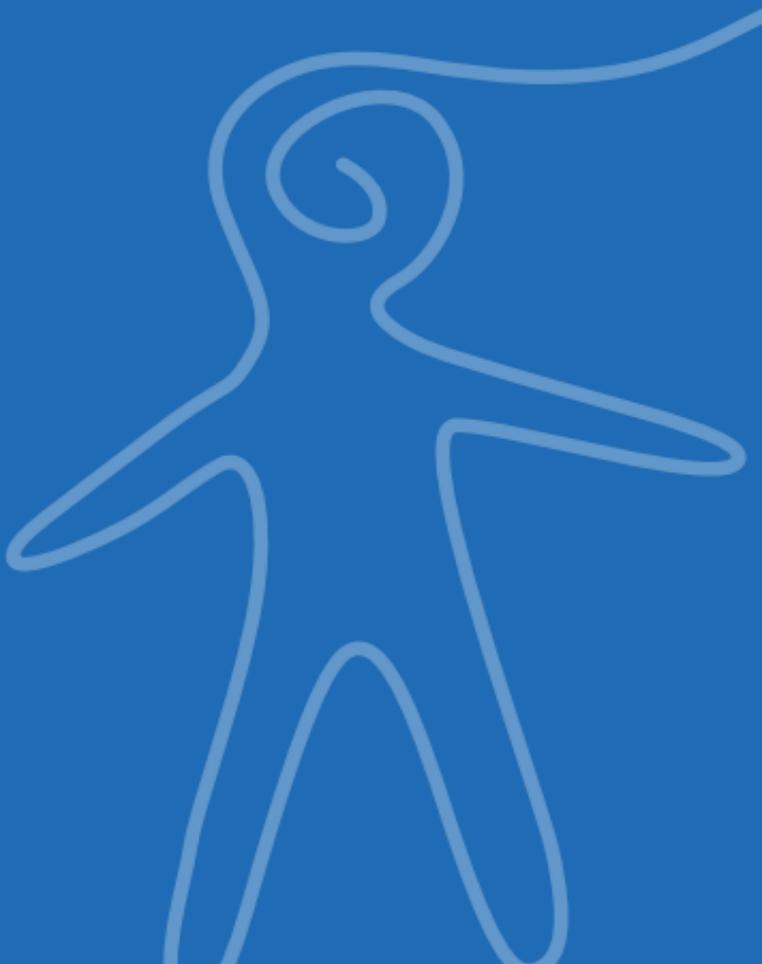
## Religion

How does religion affect your personal relationships?

How does it impact your thoughts about family planning?

**Both participants should answer.**

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## Relationships

Who first talked to you about things like puberty, relationships and family planning?

What did you think of their advice?

**Both participants should answer.**