

This appendix is part of Avenir Health. 2023. "The business case for social and behavior change for breastfeeding and complementary feeding," *Breakthrough RESEARCH Technical Report*. Washington, DC: Population Council. For the full report, go to: https://breakthroughactionandresearch.org/wp-content/uploads/2023/02/BR_NutritionBusCase_Report.pdf

Appendix B: Study References that Informed the Median Odd Ratios for the Business Case Model

1. Aber H, Kisakye AN, Babirye JN. Adherence to complementary feeding guidelines among caregivers of children aged 6-23 months in Lamwo district, rural Uganda. *Pan Afr Med J*. 2018 Sep 6;31:17. doi: 10.11604/pamj.2018.31.17.14955. PMID: 30918545; PMCID: PMC6430833.
2. Abiyu C, Belachew T. Effect of complementary feeding behavior change communication delivered through community-level actors on dietary adequacy of infants in rural communities of West Gojjam Zone, Northwest Ethiopia: A cluster-randomized controlled trial. *PLoS One*. 2020 Sep 3;15(9):e0238355. doi: 10.1371/journal.pone.0238355. PMID: 32881945; PMCID: PMC7470293.
3. Adam M, Johnston J, Job N, Dronavalli M, Le Roux I, Mbewu N, et al. (2021) Evaluation of a community-based mobile video breastfeeding intervention in Khayelitsha, South Africa: ThePhilani MOVIE cluster-randomized controlled trial. *PLoS Med* 18(9): e1003744. <https://doi.org/10.1371/journal.pmed.1003744>
4. Afsana K, Haque MR, Sobhan S, Shahin SA. BRAC's experience in scaling-up MNP in Bangladesh. *Asia Pac J Clin Nutr*. 2014;23(3):377-84. doi: 10.6133/apjcn.2014.23.3.22. PMID: 25164447.
5. Agho KE, Ahmed T, Fleming C, Dhami MV, Miner CA, Torome R, Ogbo FA, On Behalf Of The Global Maternal And Child Health Research Collaboration GloMACH. Breastfeeding Practices among Adolescent Mothers and Associated Factors in Bangladesh (2004-2014). *Nutrients*. 2021 Feb 8;13(2):557. doi: 10.3390/nu13020557. PMID: 33567634; PMCID: PMC7915163.
6. Ahmadi S, Kazemi F, Masoumi SZ, Parsa P, Roshanaei G. Intervention based on BASNEF model increases exclusive breastfeeding in preterm infants in Iran: a randomized controlled trial. *Int Breastfeed J*. 2016 Nov 14;11:30. doi: 10.1186/s13006-016-0089-2. PMID: 27895700; PMCID: PMC5109809.
7. Aidam BA, MacDonald CA, Wee R, Simba J, Aubel J, Reinsma KR, Girard AW. An Innovative Grandmother-Inclusive Approach for Addressing Suboptimal Infant and Young Child Feeding Practices in Sierra Leone. *Curr Dev Nutr*. 2020 Nov 30;4(12):nzaa174. doi: 10.1093/cdn/nzaa174. PMID: 33409444; PMCID: PMC7773705.
8. Akber S, Mahmood H, Fatima R, Wali A, Alam A, Sheraz SY, Yaqoob A, Najmi H, Abbasi S, Mahmood H, Dibley MJ, Hazir T. Effectiveness of a mobile health intervention on infant and young child feeding among children ≤ 24 months of age in rural Islamabad over six months duration. *F1000Res*. 2019 Apr 25;8:551. doi: 10.12688/f1000research.17037.2. PMID: 31700614; PMCID: PMC6820820.
9. Aksu H, Küçük M, Düzgün G. The effect of postnatal breastfeeding education/support offered at home 3 days after delivery on breastfeeding duration and knowledge: a randomized trial. *J Matern*

Fetal Neonatal Med. 2011 Feb;24(2):354-61. doi: 10.3109/14767058.2010.497569. Epub 2010 Jul 7. PMID: 20608806.

10. Alam M, D'Este C, Banwell C, Lokuge K. The impact of mobile phone based messages on maternal and child healthcare behaviour: a retrospective cross-sectional survey in Bangladesh. *BMC Health Serv Res*. 2017 Jun 24;17(1):434. doi: 10.1186/s12913-017-2361-6. PMID: 28645278; PMCID: PMC5482970.
11. Emaway Altaye D, Karim AM, Betemariam W, Fesseha Zemichael N, Shigute T, Scheelbeek P. Effects of family conversation on health care practices in Ethiopia: a propensity score matched analysis. *BMC Pregnancy Childbirth*. 2018 Sep 24;18(Suppl 1):372. doi: 10.1186/s12884-018-1978-8. PMID: 30255781; PMCID: PMC6157286.
12. Andualem A, Edmealem A, Tegegne B, Tilahun L, Dامتie Y. Timely Initiation of Complementary Feeding and Associated Factors among Mothers of Children Aged 6-24 Months in Dessie Referral Hospital, Northeast Ethiopia, 2019. *J Nutr Metab*. 2020 Oct 29;2020:6756202. doi: 10.1155/2020/6756202. PMID: 33489365; PMCID: PMC7803225.
13. Ávila-Ortiz MN, Castro-Sánchez AE, Martínez-González EA, Núñez-Rocha GM, Zambrano-Moreno A. Factors associated with abandoning exclusive breastfeeding in Mexican mothers at two private hospitals. *Int Breastfeed J*. 2020 Aug 19;15(1):73. doi: 10.1186/s13006-020-00316-6. PMID: 32814577; PMCID: PMC7436974.
14. Ayalew T, Tewabe T, Ayalew Y. Timely initiation of breastfeeding among first time mothers in Bahir Dar city, North West, Ethiopia, 2016. *Pediatr Res*. 2019 Apr;85(5):612-616. doi: 10.1038/s41390-019-0299-6. Epub 2019 Jan 19. PMID: 30661083.
15. Azizi E, Maleki A, Mazloomzadeh S, Pirzeh R. Effect of Stress Management Counseling on Self-Efficacy and Continuity of Exclusive Breastfeeding. *Breastfeed Med*. 2020 Aug;15(8):501-508. doi: 10.1089/bfm.2019.0251. Epub 2020 Jun 5. PMID: 32503365.
16. Baye K, Laillou A, Chitekwe S. Empowering women can improve child dietary diversity in Ethiopia. *Matern Child Nutr*. 2021 Nov 4:e13285. doi: 10.1111/mcn.13285. Epub ahead of print. PMID: 34738293.
17. Bazezew K, Worku W, Abebe Z. Timely Initiation of Complementary Feeding Practices in Gondar Town Northwest Ethiopia: A Cross-sectional Study. *Ecol Food Nutr*. 2020 May-Jun;59(3):329-341. doi: 10.1080/03670244.2020.1733994. Epub 2020 Mar 4. PMID: 32129679.
18. Benedict RK, Craig HC, Torlesse H, et al. Trends and predictors of optimal breastfeeding among children 0-23 months, South Asia: Analysis of national survey data. *Matern Child Nutr*, 2018, 14(S4):e12698.
19. Benova L, Siddiqi M, Abejirinde IO, Badejo O. Time trends and determinants of breastfeeding practices among adolescents and young women in Nigeria, 2003-2018. *BMJ Glob Health*. 2020 Aug;5(8):e002516. doi: 10.1136/bmjgh-2020-002516. PMID: 32764127; PMCID: PMC7412589.
20. Bhandari N, Mazumder S, Taneja S, Sommerfelt H, Strand TA; IMNCI Evaluation Study Group. Effect of implementation of Integrated Management of Neonatal and Childhood Illness (IMNCI) programme on neonatal and infant mortality: cluster randomised controlled trial. *BMJ*. 2012 Mar 21;344:e1634. doi: 10.1136/bmj.e1634. PMID: 22438367; PMCID: PMC3309879.

21. Bhanderi DJ, Pandya YP, Sharma DB. Barriers to exclusive breastfeeding in rural community of central Gujarat, India. *J Family Med Prim Care*. 2019 Jan;8(1):54-61. doi: 10.4103/jfmpc.jfmpc_329_18. PMID: 30911481; PMCID: PMC6396613.
22. Bicchieri C, Das U, Grant S, Sander R. Examining norms and social expectations surrounding exclusive breastfeeding: Evidence from Mali. *World Development* 153(2022):105824.
23. Bich TH, Hoa DTP, Ha NT, et al. Father's involvement and its effect on early breastfeeding practices in Viet Nam. *Maternal and Child Nutrition*, 2012, 12:768-777.
24. Bich TH, Cuong NM. Changes in knowledge, attitude and involvement of fathers in supporting exclusive breastfeeding: a community-based intervention study in a rural area of Vietnam. *Int J Public Health*. 2017 Feb;62(Suppl 1):17-26. doi: 10.1007/s00038-016-0882-0. Epub 2016 Sep 1. PMID: 27586035.
25. Bich TH, Long TK, Hoa DP. Community-based father education intervention on breastfeeding practice-Results of a quasi-experimental study. *Matern Child Nutr*. 2019 Jan;15 Suppl 1(Suppl 1):e12705. doi: 10.1111/mcn.12705. PMID: 30748110; PMCID: PMC7199053.
26. Biks GA, Tariku A, Wassie MM, Derso T. Mother's Infant and Young Child Feeding (IYCF) knowledge improved timely initiation of complementary feeding of children aged 6-24 months in the rural population of northwest Ethiopia. *BMC Res Notes*. 2018 Aug 16;11(1):593. doi: 10.1186/s13104-018-3703-0. PMID: 30115114; PMCID: PMC6097428.
27. Billah SM, Ferdous TE, Kelly P, Raynes-Greenow C, Siddique AB, Choudhury N, Ahmed T, Gillespie S, Hoddinott J, Menon P, Dibley MJ, Arifeen SE. Effect of nutrition counselling with a digital job aid on child dietary diversity: Analysis of secondary outcomes from a cluster randomised controlled trial in rural Bangladesh. *Matern Child Nutr*. 2021 Aug 31:e13267. doi: 10.1111/mcn.13267. Epub ahead of print. PMID: 34467669.
28. Birhanu M, Abegaz T, Fikre R. Magnitude and Factors Associated with Optimal Complementary Feeding Practices among Children Aged 6-23 Months in Bensa District, Sidama Zone, South Ethiopia. *Ethiop J Health Sci*. 2019 Mar;29(2):153-164. doi: 10.4314/ejhs.v29i2.2. PMID: 31011263; PMCID: PMC6460456.
29. Bootsri W, Taneepanichskul S. Effectiveness of experiential learning with empowerment strategies and social support from grandmothers on breastfeeding among Thai adolescent mothers. *International Breastfeeding Journal*, 2017, 12;37.
30. Brasington A, Abdelmegeid A, Dwivedi V, Kols A, Kim YM, Khadka N, Rawlins B, Gibson A. Promoting Healthy Behaviors among Egyptian Mothers: A Quasi-Experimental Study of a Health Communication Package Delivered by Community Organizations. *PLoS One*. 2016 Mar 18;11(3):e0151783. doi: 10.1371/journal.pone.0151783. PMID: 26989898; PMCID: PMC4798575.
31. Bueno-Gutiérrez D, Castillo EUR, Mondragón AEH. Breastfeeding counseling based on formative research at primary healthcare Services in Mexico. *Int J Equity Health*. 2021 Jul 27;20(1):173. doi: 10.1186/s12939-021-01491-6. PMID: 34315492; PMCID: PMC8314515.
32. Byrd K, Dentz HN, Williams A, Kiprotich M, Pickering AJ, Omondi R, Kwena O, Rao G, Arnold CD, Arnold BF, Dewey KG, Colford JM Jr, Null C, Stewart CP. A behaviour change intervention with lipid-based nutrient supplements had little impact on young child feeding indicators in rural Kenya. *Matern Child Nutr*. 2019 Jan;15(1):e12660. doi: 10.1111/mcn.12660. Epub 2018 Sep 12. PMID: 30207423; PMCID: PMC7199029.

33. Cândido NA, de Sousa TM, Dos Santos LC. Effectiveness of different interventions in public nurseries based on food and nutrition education: promoting breast-feeding and healthy complementary feeding. *Public Health Nutr.* 2018 Sep;21(13):2454-2461. doi: 10.1017/S1368980018001015. Epub 2018 May 10. PMID: 29745355.
34. Cangöl E, Şahin NH. The Effect of a Breastfeeding Motivation Program Maintained During Pregnancy on Supporting Breastfeeding: A Randomized Controlled Trial. *Breastfeed Med.* 2017 May;12:218-226. doi: 10.1089/bfm.2016.0190. Epub 2017 Mar 13. PMID: 28287819.
35. Carmichael SL, Mehta K, Srikantiah S, Mahapatra T, Chaudhuri I, Balakrishnan R, Chaturvedi S, Raheel H, Borkum E, Trehan S, Weng Y, Kaimal R, Sivasankaran A, Sridharan S, Rotz D, Tarigopula UK, Bhattacharya D, Atmavilas Y, Pepper KT, Rangarajan A, Darmstadt GL; Ananya Study Group*. Use of mobile technology by frontline health workers to promote reproductive, maternal, newborn and child health and nutrition: a cluster randomized controlled Trial in Bihar, India. *J Glob Health.* 2019 Dec;9(2):0204249. doi: 10.7189/jogh.09.020424. PMID: 31788233; PMCID: PMC6875677.
36. Cavalcanti DS, Cabral CS, de Toledo Vianna RP, Osório MM. Online participatory intervention to promote and support exclusive breastfeeding: Randomized clinical trial. *Matern Child Nutr.* 2019 Jul;15(3):e12806. doi: 10.1111/mcn.12806. Epub 2019 Apr 11. PMID: 30825414; PMCID: PMC7198959.
37. Chanani S, Waingankar A, Shah More N, Pantvaidya S, Fernandez A, Jayaraman A. Participation of pregnant women in a community-based nutrition program in Mumbai's informal settlements: Effect on exclusive breastfeeding practices. *PLoS One.* 2018 Apr 5;13(4):e0195619. doi: 10.1371/journal.pone.0195619. PMID: 29621355; PMCID: PMC5886586.
38. Chea N, Asefa A. Prolactal feeding and associated factors among newborns in rural Sidama, south Ethiopia: a community based cross-sectional survey. *Int Breastfeed J.* 2018 Feb 20;13:7. doi: 10.1186/s13006-018-0149-x. PMID: 29467812; PMCID: PMC5819158.
39. Chekol DA, Biks GA, Gelaw YA, Melsew YA. Exclusive breastfeeding and mothers' employment status in Gondar town, Northwest Ethiopia: a comparative cross-sectional study. *Int Breastfeed J.* 2017 Jun 17;12:27. doi: 10.1186/s13006-017-0118-9. PMID: 28638435; PMCID: PMC5473972.
40. Chola L, Fadnes LT, Engebretsen IM, Nkonki L, Nankabirwa V, Sommerfelt H, Tumwine JK, Tylleskar T, Robberstad B; PROMISE-EBF Study Group. Cost-Effectiveness of Peer Counselling for the Promotion of Exclusive Breastfeeding in Uganda. *PLoS One.* 2015 Nov 30;10(11):e0142718. doi: 10.1371/journal.pone.0142718. PMID: 26619338; PMCID: PMC4664391.
41. Choufani J, Jamaluddine Z, Cunningham K. A Multisectoral Nutrition Program in Nepal Improves Knowledge of Dietary Diversity, Sick Child Feeding, and Handwashing, but Not All Practices: a Program Impact Pathways Mediation Analysis. *Curr Dev Nutr.* 2019 Nov 18;4(1):nzz135. doi: 10.1093/cdn/nzz135. PMID: 32258988; PMCID: PMC7101495.
42. Christian P, Hurley KM, Phuka J, Kang Y, Ruel-Bergeron J, Buckland AJ, Mitra M, Wu L, Klemm R, West KP. Impact Evaluation of a Comprehensive Nutrition Program for Reducing Stunting in Children Aged 6-23 Months in Rural Malawi. *J Nutr.* 2020 Nov 19;150(11):3024-3032. doi: 10.1093/jn/nxaa236. PMID: 32840613.
43. Cresswell JA, Ganaba R, Sarrassat S, Cousens S, Somé H, Diallo AH, Filippi V. Predictors of exclusive breastfeeding and consumption of soft, semi-solid or solid food among infants in Boucle du

- Mouhoun, Burkina Faso: A cross-sectional survey. *PLoS One*. 2017 Jun 22;12(6):e0179593. doi: 10.1371/journal.pone.0179593. PMID: 28640900; PMCID: PMC5480894.
44. Cresswell JA, Ganaba R, Sarrassat S, Somé H, Diallo AH, Cousens S, Filippi V. The effect of the Alive & Thrive initiative on exclusive breastfeeding in rural Burkina Faso: a repeated cross-sectional cluster randomised controlled trial. *Lancet Glob Health*. 2019 Mar;7(3):e357-e365. doi: 10.1016/S2214-109X(18)30494-7. PMID: 30784636; PMCID: PMC6379822.
 45. Cunningham K, Nagle D, Gupta P, Adhikari RP, Singh S. Associations between parents' exposure to a multisectoral programme and infant and young child feeding practices in Nepal. *Matern Child Nutr*. 2021 Jul;17 Suppl 1(Suppl 1):e13143. doi: 10.1111/mcn.13143. PMID: 34241957; PMCID: PMC8269143.
 46. Daniele MA, Ganaba R, Sarrassat S, Cousens S, Rossier C, Drabo S, Ouedraogo D, Filippi V. Involving male partners in maternity care in Burkina Faso: a randomized controlled trial. *Bull World Health Organ*. 2018 Jul 1;96(7):450-461. doi: 10.2471/BLT.17.206466. Epub 2018 Jun 4. PMID: 29962548; PMCID: PMC6022615.
 47. Dhakal S, Lee TH, Nam EW. Exclusive Breastfeeding Practice and Its Association among Mothers of under 5 Children in Kwango District, DR Congo. *Int J Environ Res Public Health*. 2017 Apr 25;14(5):455. doi: 10.3390/ijerph14050455. PMID: 28441327; PMCID: PMC5451906.
 48. Dharel D, Dhungana R, Basnet S, Gautam S, Dhungana A, Dudani R, Bhattarai A. Breastfeeding practices within the first six months of age in mid-western and eastern regions of Nepal: a health facility-based cross-sectional study. *BMC Pregnancy Childbirth*. 2020 Jan 30;20(1):59. doi: 10.1186/s12884-020-2754-0. PMID: 32000701; PMCID: PMC6990469.
 49. Dibis TM, Sintayehu Y. Exclusive breast feeding and its associated factors among mothers of <12 months old child in Harar Town, Eastern Ethiopia: A cross-sectional study. *Pediatric Health, Medicine and Therapeutics*, 2020, 11:145-152.
 50. Dinga LA, Kiage BN, Kyallo FM. Effect of paternal education about complementary feeding of infants in Kisumu county, Kenya. *Afr. J. Food Agric. Nutr*. 2018; 18(3): 13702-13716. DOI: 10.18697/ajfand.83.17490.
 51. Drysdale RE, Slemming W, Makusha T, Richter LM. Father involvement, maternal depression and child nutritional outcomes in Soweto, South Africa. *Matern Child Nutr*. 2021 Jul;17 Suppl 1(Suppl 1):e13177. doi: 10.1111/mcn.13177. PMID: 34241955; PMCID: PMC8269140.
 52. Dubik SD, Amegah KE. Prevalence and determinants of early initiation of breastfeeding (EIBF) and prelacteal feeding in Northern Ghana: A cross-sectional survey. *PLoS One*. 2021 Nov 22;16(11):e0260347. doi: 10.1371/journal.pone.0260347. PMID: 34807961; PMCID: PMC8608296.
 53. Chumpitaz Durand RB, Gálvez Díaz NDC, Córdova Sotomayor DÁ. Cost-effective Evaluation of an Educational Intervention based on Multiple Intelligences Versus Traditional Care to Improve Exclusive Breastfeeding in Mothers' Clubs in Peru. *Invest Educ Enferm*. 2021 Jun;39(2):e02. doi: 10.17533/udea.iee.v39n2e02. PMID: 34214279; PMCID: PMC8253519.
 54. Duthie M, Anzoategui L, Hess A, Higgins J, Smith M. Impact Evaluation of USAID Nurture in Lao. Midline Evaluation Report. 2019. USAID, Social Impact Inc.
 55. Effendy DS, Prangthip P, Soonthornworasiri N, Winichagoon P, Kwanbunjan K. Nutrition education in Southeast Sulawesi Province, Indonesia: A cluster randomized controlled study. *Matern Child*

- Nutr. 2020 Oct;16(4):e13030. doi: 10.1111/mcn.13030. Epub 2020 May 28. PMID: 32468687; PMCID: PMC7507461.
56. Epstein A, Moucheraud C, Sarma H, Rahman M, Tariqujjaman M, Ahmed T, Glenn J, Bossert T, Kruk ME. Does health worker performance affect clients' health behaviors? A multilevel analysis from Bangladesh. *BMC Health Serv Res*. 2019 Jul 24;19(1):516. doi: 10.1186/s12913-019-4205-z. PMID: 31340809; PMCID: PMC6657138.
 57. Fahmida U, Htet MK, Ferguson E, Do TT, Buanasita A, Titaley C, Alam A, Sutrisna A, Li M, Ariawan I, Dibley MJ. Effect of an Integrated Package of Nutrition Behavior Change Interventions on Infant and Young Child Feeding Practices and Child Growth from Birth to 18 Months: Cohort Evaluation of the Baduta Cluster Randomized Controlled Trial in East Java, Indonesia. *Nutrients*. 2020 Dec 16;12(12):3851. doi: 10.3390/nu12123851. PMID: 33339415; PMCID: PMC7767283.
 58. Fiorella KJ, Gavenus ER, Milner EM, Moore M, Wilson-Anumudu F, Adhiambo F, Mattah B, Bukusi E, Fernald LCH. Evaluation of a social network intervention on child feeding practices and caregiver knowledge. *Matern Child Nutr*. 2019 Jul;15(3):e12782. doi: 10.1111/mcn.12782. Epub 2019 Apr 1. PMID: 30676696; PMCID: PMC7199033.
 59. Flax VL, Negerie M, Ibrahim AU, Leatherman S, Daza EJ, Bentley ME. Integrating group counseling, cell phone messaging, and participant-generated songs and dramas into a microcredit program increases Nigerian women's adherence to international breastfeeding recommendations. *J Nutr*. 2014 Jul;144(7):1120-4. doi: 10.3945/jn.113.190124. Epub 2014 May 8. PMID: 24812071; PMCID: PMC4481538.
 60. Flax VL, Ouma E, Izerimana L, Schreiner MA, Brower AO, Niyonzima E, Nyilimana C, Ufitinema A, Uwineza A. Animal Source Food Social and Behavior Change Communication Intervention Among Girinka Livestock Transfer Beneficiaries in Rwanda: A Cluster Randomized Evaluation. *Glob Health Sci Pract*. 2021 Sep 30;9(3):640-653. doi: 10.9745/GHSP-D-21-00082. PMID: 34593587; PMCID: PMC8514034.
 61. Ford ND, Ruth LJ, Ngalombi S, Lubowa A, Halati S, Ahimbisibwe M, Baingana R, Whitehead RD, Mapango C, Jefferds ME. An Integrated Infant and Young Child Feeding and Micronutrient Powder Intervention Does Not Affect Anemia, Iron Status, or Vitamin A Status among Children Aged 12-23 Months in Eastern Uganda. *J Nutr*. 2020 Apr 1;150(4):938-944. doi: 10.1093/jn/nxz314. PMID: 31923315; PMCID: PMC8127862.
 62. Fotso JC, Ambrose A, Hutchinson P, Ali D. Improving maternal and newborn care: cost-effectiveness of an innovation to rebrand traditional birth attendants in Sierra Leone. *Int J Public Health*. 2020 Dec;65(9):1603-1612. doi: 10.1007/s00038-020-01487-z. Epub 2020 Oct 10. PMID: 33037894; PMCID: PMC7716938.
 63. Fottrell E, Azad K, Kuddus A, Younes L, Shaha S, Nahar T, Aumon BH, Hossen M, Beard J, Hossain T, Pulkki-Brannstrom AM, Skordis-Worrall J, Prost A, Costello A, Houweling TA. The effect of increased coverage of participatory women's groups on neonatal mortality in Bangladesh: A cluster randomized trial. *JAMA Pediatr*. 2013 Sep;167(9):816-25. doi: 10.1001/jamapediatrics.2013.2534. PMID: 23689475; PMCID: PMC5082727.
 64. Freeman MC, Ellis AS, Ogutu EA, Caruso BA, Linabarger M, Micek K, Muga R, Girard AW, Wodnik BK, Jacob Arriola K. Impact of a demand-side integrated WASH and nutrition community-based care group intervention on behavioural change: a randomised controlled trial in western Kenya. *BMJ Glob Health*. 2020 Nov;5(11):e002806. doi: 10.1136/bmjgh-2020-002806. PMID: 33234528; PMCID: PMC7689101.

65. Frongillo EA, Nguyen PH, Saha KK, Sanghvi T, Afsana K, Haque R, Baker J, Ruel MT, Rawat R, Menon P. Large-Scale Behavior-Change Initiative for Infant and Young Child Feeding Advanced Language and Motor Development in a Cluster-Randomized Program Evaluation in Bangladesh. *J Nutr*. 2017 Feb;147(2):256-263. doi: 10.3945/jn.116.240861. Epub 2016 Dec 28. PMID: 28031374.
66. Ganle JK, Bedwei-Majdoub VM. Discontinuation of Exclusive Breastfeeding in Ghana: A Longitudinal, One-Group Observational Study of Postnatal Mothers With Children 0-6 Months old. *J Hum Lact*. 2020 Aug;36(3):461-470. doi: 10.1177/0890334419871012. Epub 2019 Aug 29. PMID: 31465696.
67. Gebrekidan K, Hall H, Plummer V, Fooladi E. Exclusive breastfeeding continuation and associated factors among employed women in North Ethiopia: A cross-sectional study. *PLoS One*. 2021 Jul 29;16(7):e0252445. doi: 10.1371/journal.pone.0252445. PMID: 34324499; PMCID: PMC8321127.
68. Gebremedhin S, Baye K, Bekele T, Tharaney M, Asrat Y, Abebe Y, Reta N. Predictors of dietary diversity in children ages 6 to 23 mo in largely food-insecure area of South Wollo, Ethiopia. *Nutrition*. 2017 Jan;33:163-168. doi: 10.1016/j.nut.2016.06.002. Epub 2016 Jun 16. PMID: 27499206.
69. Hagos D, Tadesse AW. Prevalence and factors associated with exclusive breastfeeding among rural mothers of infants less than six months of age in Southern Nations, Nationalities, Peoples (SNNP) and Tigray regions, Ethiopia: a cross-sectional study. *Int Breastfeed J*. 2020 Apr 10;15(1):25. doi: 10.1186/s13006-020-00267-y. PMID: 32276666; PMCID: PMC7146953.
70. Hailu WS, Bayih MT, Babble NF. Four in every ten infants in Northwest Ethiopia exposed to sub-optimal breastfeeding practice. *PLoS One*. 2020 Nov 2;15(11):e0238576. doi: 10.1371/journal.pone.0238576. PMID: 33137137; PMCID: PMC7605653.
71. Heidari Z, Keshvari M, Kohan Sh. Clinical trial to compare the Effect of Family centered Educational-supportive Program on Mothers' Empowerment in Breast-feeding. *Int J Pediatr* 2016;4(3): 1445-51.
72. Hitachi M, Honda S, Kaneko S, Kamiya Y. Correlates of exclusive breastfeeding practices in rural and urban Niger: a community-based cross-sectional study. *Int Breastfeed J*. 2019 Jul 30;14:32. doi: 10.1186/s13006-019-0226-9. PMID: 31384285; PMCID: PMC6668169.
73. Hoddinott J, Ahmed I, Ahmed A, Roy S (2017) Behavior change communication activities improve infant and young child nutrition knowledge and practice of neighboring non-participants in a cluster-randomized trial in rural Bangladesh. *PLoS ONE* 12(6): e0179866. <https://doi.org/10.1371/journal.pone.0179866>.
74. Horwood C, Haskins L, Engebretsen IM, Phakathi S, Connolly C, Coutsoydis A, Spies L. Improved rates of exclusive breastfeeding at 14 weeks of age in KwaZulu Natal, South Africa: what are the challenges now? *BMC Public Health*. 2018 Jun 19;18(1):757. doi: 10.1186/s12889-018-5657-5. PMID: 29914417; PMCID: PMC6006942.
75. Ickes S, Baguma C, Brahe CA, Myhre JA, Bentley ME, Adair LS, Ammerman AS. Maternal participation in a nutrition education program in Uganda is associated with improved infant and young child feeding practices and feeding knowledge: a post-program comparison study. *BMC Nutr*. 2017;3:32. doi: 10.1186/s40795-017-0140-8. Epub 2017 Apr 4. PMID: 31354959; PMCID: PMC6660008.
76. Iliyasu Z, Galadanci HS, Emokpae P, Amole TG, Nass N, Aliyu MH. Predictors of Exclusive Breastfeeding Among Health Care Workers in Urban Kano, Nigeria. *J Obstet Gynecol Neonatal*

- Nurs. 2019 Jul;48(4):433-444. doi: 10.1016/j.jogn.2019.04.285. Epub 2019 May 24. PMID: 31132334.
77. Islam MJ, Baird K, Mazerolle P, Broidy L. Exploring the influence of psychosocial factors on exclusive breastfeeding in Bangladesh. *Arch Womens Ment Health*. 2017 Feb;20(1):173-188. doi: 10.1007/s00737-016-0692-7. Epub 2016 Nov 12. PMID: 27838781.
 78. Jalal M, Dolatian M, Mahmoodi Z, Aliyari R. The relationship between psychological factors and maternal social support to breastfeeding process. *Electron Physician*. 2017 Jan 25;9(1):3561-3569. doi: 10.19082/3561. PMID: 28243407; PMCID: PMC5308495.
 79. Javorski M, Rodrigues AJ, Dodt RCM, Almeida PC, Leal LP, Ximenes LB. Effects of an educational technology on self-efficacy for breastfeeding and practice of exclusive breastfeeding. *Rev Esc Enferm USP*. 2018;52:e03329. DOI: <http://dx.doi.org/10.1590/S1980-220X2017031803329>.
 80. Jerin I, Akter M, Talukder K, Talukder MQEK, Rahman MA. Mobile phone support to sustain exclusive breastfeeding in the community after hospital delivery and counseling: a quasi-experimental study. *Int Breastfeed J*. 2020 Mar 4;15(1):14. doi: 10.1186/s13006-020-00258-z. PMID: 32131865; PMCID: PMC7057619.
 81. Joyce CM, Hou SS, Ta BTT, Vu DH, Mathisen R, Vincent I, Duc VN, Nandi A. The Association between a Novel Baby-Friendly Hospital Program and Equitable Support for Breastfeeding in Vietnam. *Int J Environ Res Public Health*. 2021 Jun 22;18(13):6706. doi: 10.3390/ijerph18136706. PMID: 34206374; PMCID: PMC8296950.
 82. Kang Y, Suh YK, Debele L, Juon HS, Christian P. Effects of a community-based nutrition promotion programme on child feeding and hygiene practices among caregivers in rural Eastern Ethiopia. *Public Health Nutr*. 2017 Jun;20(8):1461-1472. doi: 10.1017/S1368980016003347. Epub 2016 Dec 27. PMID: 28025956.
 83. Karmacharya C, Cunningham K, Choufani J, Kadiyala S. Grandmothers' knowledge positively influences maternal knowledge and infant and young child feeding practices. *Public Health Nutr*. 2017 Aug;20(12):2114-2123. doi: 10.1017/S1368980017000969. Epub 2017 Jun 5. PMID: 28578753.
 84. Kelkay B, Kindalem E, Tagele A, Moges Y. Cessation of Exclusive Breastfeeding and Determining Factors at the University of Gondar Comprehensive Specialized Hospital, Northwest Ethiopia. *Int J Pediatr*. 2020 Mar 20;2020:8431953. doi: 10.1155/2020/8431953. PMID: 32256615; PMCID: PMC7109560.
 85. Khresheh R, Suhaimat A, Jalamdeh F, Barclay L. The effect of a postnatal education and support program on breastfeeding among primiparous women: a randomized controlled trial. *Int J Nurs Stud*. 2011 Sep;48(9):1058-65. doi: 10.1016/j.ijnurstu.2011.02.001. Epub 2011 Feb 24. PMID: 21353220.
 86. Kim YM, Haq ZU, Soomro J, Sultana Z, Faizunnisa A, Agha S. Case Study: Effects of a Media Campaign on Breastfeeding Behaviors in Sindh Province, Pakistan. *World Health Popul*. 2015;16(2):39-45. doi: 10.12927/whp.2016.24494. PMID: 26860762.
 87. Kim SS, Rawat R, Mwangi EM, Tesfaye R, Abebe Y, Baker J, Frongillo EA, Ruel MT, Menon P. Exposure to Large-Scale Social and Behavior Change Communication Interventions Is Associated with Improvements in Infant and Young Child Feeding Practices in Ethiopia. *PLoS One*. 2016 Oct 18;11(10):e0164800. doi: 10.1371/journal.pone.0164800. PMID: 27755586; PMCID: PMC5068829.

88. Kim SS, Nguyen PH, Tran LM, Sanghvi T, Mahmud Z, Haque MR, Afsana K, Frongillo EA, Ruel MT, Menon P. Large-Scale Social and Behavior Change Communication Interventions Have Sustained Impacts on Infant and Young Child Feeding Knowledge and Practices: Results of a 2-Year Follow-Up Study in Bangladesh. *J Nutr.* 2018 Oct 1;148(10):1605-1614. doi: 10.1093/jn/nxy147. PMID: 30169665; PMCID: PMC6168701.
89. Kim SS, Nguyen PH, Yohannes Y, Abebe Y, Tharaney M, Drummond E, Frongillo EA, Ruel MT, Menon P. Behavior Change Interventions Delivered through Interpersonal Communication, Agricultural Activities, Community Mobilization, and Mass Media Increase Complementary Feeding Practices and Reduce Child Stunting in Ethiopia. *J Nutr.* 2019 Aug 1;149(8):1470-1481. doi: 10.1093/jn/nxz087. PMID: 31165869; PMCID: PMC6686053.
90. Kim SS, Nguyen PH, Tran LM, Alayon S, Menon P, Frongillo EA. Different Combinations of Behavior Change Interventions and Frequencies of Interpersonal Contacts Are Associated with Infant and Young Child Feeding Practices in Bangladesh, Ethiopia, and Vietnam. *Curr Dev Nutr.* 2019 Dec 9;4(2):nzz140. doi: 10.1093/cdn/nzz140. PMID: 31976385; PMCID: PMC6964730.
91. Kimani-Murage EW, Griffiths PL, Wekesah FM, Wanjohi M, Muhia N, Muriuki P, Egondi T, Kyobutungi C, Ezeh AC, McGarvey ST, Musoke RN, Norris SA, Madise NJ. Effectiveness of home-based nutritional counselling and support on exclusive breastfeeding in urban poor settings in Nairobi: a cluster randomized controlled trial. *Global Health.* 2017 Dec 19;13(1):90. doi: 10.1186/s12992-017-0314-9. PMID: 29258549; PMCID: PMC5735795.
92. Kambale RM, Buliga JB, Isia NF, Muhimuzi AN, Battisti O, Mungo BM. Delayed initiation of breastfeeding in Bukavu, South Kivu, eastern Democratic Republic of the Congo: a cross-sectional study. *Int Breastfeed J.* 2018 Feb 13;13:6. doi: 10.1186/s13006-018-0150-4. PMID: 29456590; PMCID: PMC5810029.
93. Kuchenbecker J, Reinbott A, Mtimuni B, Krawinkel MB, Jordan I (2017) Nutrition education improves dietary diversity of children 6-23 months at community-level: Results from a cluster randomized controlled trial in Malawi. *PLoS ONE* 12(4): e0175216. <https://doi.org/10.1371/journal.pone.0175216>.
94. Neha Kumar, Phuong Hong Nguyen, Jody Harris, Danny Harvey, Rahul Rawat & Marie T Ruel (2018) What it takes: evidence from a nutrition- and gender-sensitive agriculture intervention in rural Zambia, *Journal of Development Effectiveness*, 10:3, 341-372, DOI:10.1080/19439342.2018.1478874.
95. Lanou HB, Osendarp SJM, Argaw A, De Polnay K, Ouédraogo C, Kouanda S, Kolsteren P. Micronutrient powder supplements combined with nutrition education marginally improve growth amongst children aged 6-23 months in rural Burkina Faso: A cluster randomized controlled trial. *Matern Child Nutr.* 2019 Oct;15(4):e12820. doi: 10.1111/mcn.12820. Epub 2019 Jun 10. PMID: 30941887; PMCID: PMC6859995.
96. Lewycka S, Mwansambo C, Rosato M, Kazembe P, Phiri T, Mganga A, Chapota H, Malamba F, Kainja E, Newell ML, Greco G, Pulkki-Brännström AM, Skordis-Worrall J, Vergnano S, Osrin D, Costello A. Effect of women's groups and volunteer peer counselling on rates of mortality, morbidity, and health behaviours in mothers and children in rural Malawi (MaiMwana): a factorial, cluster-randomised controlled trial. *Lancet.* 2013 May 18;381(9879):1721-35. doi: 10.1016/S0140-6736(12)61959-X. PMID: 23683639; PMCID: PMC3796349.
97. Li J, Nguyen TT, Wang X, Mathisen R, Fang J. Breastfeeding practices and associated factors at the individual, family, health facility and environmental levels in China. *Matern Child Nutr.* 2020

Oct;16 Suppl 2(Suppl 2):e13002. doi: 10.1111/mcn.13002. Epub 2020 Jun 30. PMID: 32603547; PMCID: PMC7591310.

98. Li J, Zhao C, Wang Y, Wang YP, Chen CY, Huang Y, Gao YQ, Fang J, Zhou H. Factors associated with exclusive breastfeeding practice among mothers in nine community health centres in Nanning city, China: a cross-sectional study. *Int Breastfeed J*. 2021 Sep 23;16(1):71. doi: 10.1186/s13006-021-00416-x. PMID: 34556129; PMCID: PMC8461910.
99. Liang W, Xing Y, Pang M, Wang D, Yan H. Community health education improves child health care in Rural Western China. *BMC Pediatr*. 2018 Apr 10;18(1):132. doi: 10.1186/s12887-018-1084-0. PMID: 29636008; PMCID: PMC5891978.
100. Little EE, Polanco MA, Baldizon SR, Wagner P, Shakya H. Breastfeeding knowledge and health behavior among Mayan women in rural Guatemala. *Soc Sci Med*. 2019 Dec;242:112565. doi: 10.1016/j.socscimed.2019.112565. Epub 2019 Sep 26. PMID: 31627080.
101. Lyellu HY, Hussein TH, Wandel M, Stray-Pedersen B, Mgongo M, Msuya SE. Prevalence and factors associated with early initiation of breastfeeding among women in Moshi municipal, northern Tanzania. *BMC Pregnancy Childbirth*. 2020 May 11;20(1):285. doi: 10.1186/s12884-020-02966-0. PMID: 32393191; PMCID: PMC7216396.
102. Maingi, M., Kimiywe, J., & Iron-Segev, S. (2020). Maternal knowledge in complementary feeding following Baby Friendly Community Initiative in Koibatek, Kenya. *Maternal & child nutrition*, 16(4), e13027. <https://doi.org/10.1111/mcn.13027>.
103. Maldonado LY, Bone J, Scanlon ML, Anusu G, Chelagat S, Jumah A, Ikemeri JE, Songok JJ, Christoffersen-Deb A, Ruhl LJ. Improving maternal, newborn and child health outcomes through a community-based women's health education program: a cluster randomised controlled trial in western Kenya. *BMJ Glob Health*. 2020 Dec;5(12):e003370. doi: 10.1136/bmjgh-2020-003370. PMID: 33293295; PMCID: PMC7725102.
104. Martinez B, Webb MF, Gonzalez A, Douglas K, Grazioso MDP, Rohloff P. Complementary feeding intervention on stunted Guatemalan children: a randomised controlled trial. *BMJ Paediatr Open*. 2018 Apr 27;2(1):e000213. doi: 10.1136/bmjpo-2017-000213. PMID: 29719876; PMCID: PMC5926563.
105. Mashreky, S. R., Rahman, F., Rahman, A., Talab, A., & Rahman, Z. (2015). Role of mass media in increasing knowledge and practices of mothers on IYCF: findings from a community trial in rural Bangladesh. *South East Asia Journal of Public Health*, 5(1), 18–24. <https://doi.org/10.3329/seajph.v5i1.24847>.
106. Maslowsky J, Frost S, Hendrick CE, Trujillo Cruz FO, Merajver SD. Effects of postpartum mobile phone-based education on maternal and infant health in Ecuador. *Int J Gynaecol Obstet*. 2016 Jul;134(1):93-8. doi: 10.1016/j.ijgo.2015.12.008. Epub 2016 Apr 8. PMID: 27126905; PMCID: PMC5927590.
107. Matare CR, Mbuya MNN, Dickin KL, Constan MA, Pelto G, Chasekwa B, Humphrey JH, Stoltzfus RJ; Sanitation Hygiene Infant Nutrition Efficacy (SHINE) Trial Team. Maternal Capabilities Are Associated with Child Caregiving Behaviors Among Women in Rural Zimbabwe. *J Nutr*. 2021 Mar 11;151(3):685-694. doi: 10.1093/jn/nxaa255. PMID: 33211881; PMCID: PMC7948208.
108. Mebratu L, Mengesha S, Tegene Y, et al. Exclusive breast-feeding practice and associated factors among HIV-positive mothers in governmental health facilities, southern Ethiopia. *Hindawi Journal of Nutrition and Metabolism*, 2020, Article ID 7962054.

109. Mehta KM, Irani L, Chaudhuri I, Mahapatra T, Schooley J, Srikantiah S, Abdalla S, Ward V, Carmichael SL, Bentley J, Creanga A, Wilhelm J, Tarigopula UK, Bhattacharya D, Atmavilas Y, Nanda P, Weng Y, Pepper KT, Darmstadt GL; Ananya Study Group. Health layering of self-help groups: impacts on reproductive, maternal, newborn and child health and nutrition in Bihar, India. *J Glob Health*. 2020 Dec;10(2):021007. doi: 10.7189/jogh.10.021007. Epub 2020 Dec 19. PMID: 33425331; PMCID: PMC7759023.
110. Mekonnen M, Kinati T, Bekele K, Tesfa B, Hailu D, Jemal K (2021) Infant and young child feeding practice among mothers of children age 6 to 23 months in Debrelibanos district, North Showa zone, Oromia region, Ethiopia. *PLoS ONE* 16(9): e0257758. <https://doi.org/10.1371/journal.pone.0257758>.
111. Menon P, Nguyen PH, Saha KK, Khaled A, Kennedy A, Tran LM, Sanghvi T, Hajeebhoy N, Baker J, Alayon S, Afsana K, Haque R, Frongillo EA, Ruel MT, Rawat R. Impacts on Breastfeeding Practices of At-Scale Strategies That Combine Intensive Interpersonal Counseling, Mass Media, and Community Mobilization: Results of Cluster-Randomized Program Evaluations in Bangladesh and Viet Nam. *PLoS Med*. 2016 Oct 25;13(10):e1002159. doi: 10.1371/journal.pmed.1002159. PMID: 27780198; PMCID: PMC5079648.
112. Menon P, Nguyen PH, Saha KK, Khaled A, Sanghvi T, Baker J, Afsana K, Haque R, Frongillo EA, Ruel MT, Rawat R. Combining Intensive Counseling by Frontline Workers with a Nationwide Mass Media Campaign Has Large Differential Impacts on Complementary Feeding Practices but Not on Child Growth: Results of a Cluster-Randomized Program Evaluation in Bangladesh. *J Nutr*. 2016 Oct;146(10):2075-2084. doi: 10.3945/jn.116.232314. Epub 2016 Aug 31. PMID: 27581575; PMCID: PMC5037872.
113. Mistry SK, Hossain MB, Arora A. Maternal nutrition counselling is associated with reduced stunting prevalence and improved feeding practices in early childhood: a post-program comparison study. *Nutr J*. 2019 Aug 27;18(1):47. doi: 10.1186/s12937-019-0473-z. PMID: 31455363; PMCID: PMC6712751.
114. Mituki-Mungiria D, Tuitoek P, Varpolatai A, Ngotho D, Kimani-Murage E. Effectiveness of community health workers in improving early initiation and exclusive breastfeeding rates in a low-resource setting: A cluster-randomized longitudinal study. *Food Sci Nutr*. 2020 Apr 28;8(6):2719-2727. doi: 10.1002/fsn3.1559. PMID: 32566189; PMCID: PMC7300079.
115. Modi D, Dholakia N, Gopalan R, Venkatraman S, Dave K, Shah S, Desai G, Qazi SA, Sinha A, Pandey RM, Anand A, Desai S, Shah P. mHealth intervention "ImTeCHO" to improve delivery of maternal, neonatal, and child care services-A cluster-randomized trial in tribal areas of Gujarat, India. *PLoS Med*. 2019 Oct 24;16(10):e1002939. doi: 10.1371/journal.pmed.1002939. PMID: 31647821; PMCID: PMC6812744.
116. Mohamed MJ, Ochola S, Owino VO. Comparison of knowledge, attitudes and practices on exclusive breastfeeding between primiparous and multiparous mothers attending Wajir District hospital, Wajir County, Kenya: a cross-sectional analytical study. *Int Breastfeed J*. 2018 Mar 2;13:11. doi: 10.1186/s13006-018-0151-3. PMID: 29507602; PMCID: PMC5833066.
117. Monterrosa EC, Frongillo EA, González de Cossío T, Bonvecchio A, Villanueva MA, Thrasher JF, Rivera JA. Scripted messages delivered by nurses and radio changed beliefs, attitudes, intentions, and behaviors regarding infant and young child feeding in Mexico. *J Nutr*. 2013 Jun;143(6):915-22. doi: 10.3945/jn.112.169235. Epub 2013 Apr 24. PMID: 23616510.

118. Moshi FV, Akyoo EE, Seif SA. Prevalence and Predictor of Exclusive Breastfeeding among Mothers of 0 to 6 months Infants from Pastoralists and Hunters' Community in Tanzania; A Community Based Cross-Sectional Study. *East Afr Health Res J.* 2021;5(1):82-90. doi: 10.24248/eahrj.v5i1.655. Epub 2021 Jun 11. PMID: 34308249; PMCID: PMC8291207.
119. Moudi, A., Tafazoli, M., Boskabadi, H., Ebrahimzadeh, S., & Salehiniya, H. Comparing the effect of breastfeeding promotion interventions on exclusive breastfeeding: An experimental study. *Biomedical Research and Therapy.* 2016; 3(11), 910-927.
120. Muda CMC, Ismail TAT, Jalil RA, Hairon SM, Sulaiman Z, Johar N. Postnatal breastfeeding education at one week after childbirth: What are the effects? *Women Birth.* 2019 Apr;32(2):e243-e251. doi: 10.1016/j.wombi.2018.07.008. Epub 2018 Jul 26. PMID: 30057368.
121. Mukhopadhyay D, Sarkar A, Chowdhury A, Gazi E, Sarkar G. Can frontline workers be change agents for infant feeding and growth? - A community Trial. *Al Am een J Med Sci* 2017; 10(1): 71-77.
122. Mukuria AG, Martin SL, Egondi T, Bingham A, Thuita FM. Role of Social Support in Improving Infant Feeding Practices in Western Kenya: A Quasi-Experimental Study. *Glob Health Sci Pract.* 2016 Mar 25;4(1):55-72. doi: 10.9745/GHSP-D-15-00197. PMID: 27016544; PMCID: PMC4807749.
123. Mulualem D, Henry CJ, Berhanu G, Whiting SJ. The effectiveness of nutrition education: Applying the Health Belief Model in child-feeding practices to use pulses for complementary feeding in Southern Ethiopia. *Ecol Food Nutr.* 2016 May-Jun;55(3):308-23. doi: 10.1080/03670244.2016.1161617. Epub 2016 Apr 11. PMID: 27065308.
124. Muluye SD, Lemma TB, Diddana TZ. Effects of Nutrition Education on Improving Knowledge and Practice of Complementary Feeding of Mothers with 6- to 23-Month-Old Children in Daycare Centers in Hawassa Town, Southern Ethiopia: An Institution-Based Randomized Control Trial. *J Nutr Metab.* 2020 Aug 24;2020:6571583. doi: 10.1155/2020/6571583. PMID: 32908694; PMCID: PMC7469077.
125. Mundagowa PT, Chadambuka EM, Chimberengwa PT, Mukora-Mutseyekwa F. Determinants of exclusive breastfeeding among mothers of infants aged 6 to 12 months in Gwanda District, Zimbabwe. *Int Breastfeed J.* 2019 Jul 9;14:30. doi: 10.1186/s13006-019-0225-x. PMID: 31333755; PMCID: PMC6617858.
126. Murthy N, Chandrasekharan S, Prakash MP, Kaonga NN, Peter J, Ganju A, Mechael PN. The Impact of an mHealth Voice Message Service (mMitra) on Infant Care Knowledge, and Practices Among Low-Income Women in India: Findings from a Pseudo-Randomized Controlled Trial. *Matern Child Health J.* 2019 Dec;23(12):1658-1669. doi: 10.1007/s10995-019-02805-5. PMID: 31584144; PMCID: PMC6823296.
127. Nair N, Tripathy P, Sachdev HS, Pradhan H, Bhattacharyya S, Gope R, Gagrai S, Rath S, Rath S, Sinha R, Roy SS, Shewale S, Singh V, Srivastava A, Costello A, Copas A, Skordis-Worrall J, Haghparast-Bidgoli H, Saville N, Prost A. Effect of participatory women's groups and counselling through home visits on children's linear growth in rural eastern India (CARING trial): a cluster-randomised controlled trial. *Lancet Glob Health.* 2017 Oct;5(10):e1004-e1016. doi: 10.1016/S2214-109X(17)30339-X. PMID: 28911749; PMCID: PMC5640793.
128. Nasir NM, Amran Y, Nakamura Y. Changing Knowledge and Practices of Mothers on Newborn Care through Mother Class: An Intervention Study in Indonesia. *J Trop Pediatr.* 2017 Dec 1;63(6):440-446. doi: 10.1093/tropej/fmx010. PMID: 28334898.

129. Nguyen PH, Avula R, Ruel MT, Saha KK, Ali D, Tran LM, Frongillo EA, Menon P, Rawat R. Maternal and child dietary diversity are associated in Bangladesh, Vietnam, and Ethiopia. *J Nutr.* 2013 Jul;143(7):1176-83. doi: 10.3945/jn.112.172247. Epub 2013 May 8. PMID: 23658424.
130. Nguyen, P., Menon, P., Keithly, S., Hajeebhoy, N., Tran, L., Ruel, M. and Rawat, R. (2014), Understanding the implementation, utilization, and potential impact of a social franchise model to improve infant and young child feeding practices in Vietnam: a program impact pathway analysis (624.10). *The FASEB Journal*, 28: 624.10.
131. Tuan NT, Nguyen PH, Hajeebhoy N, Frongillo EA. Gaps between breastfeeding awareness and practices in Vietnamese mothers result from inadequate support in health facilities and social norms. *J Nutr.* 2014 Nov;144(11):1811-7. doi: 10.3945/jn.114.198226. Epub 2014 Sep 3. PMID: 25332480.
132. Nguyen PH, Kim SS, Nguyen TT, Hajeebhoy N, Tran LM, Alayon S, Ruel MT, Rawat R, Frongillo EA, Menon P. Exposure to mass media and interpersonal counseling has additive effects on exclusive breastfeeding and its psychosocial determinants among Vietnamese mothers. *Matern Child Nutr.* 2016 Oct;12(4):713-25. doi: 10.1111/mcn.12330. Epub 2016 Jun 23. PMID: 27334544; PMCID: PMC5094561.
133. Nguyen TT, Alayón S, Jimerson A, Naugle D, Nguyen PH, Hajeebhoy N, Baker J, Baume C, Frongillo EA. The Association of a Large-Scale Television Campaign With Exclusive Breastfeeding Prevalence in Vietnam. *Am J Public Health.* 2017 Feb;107(2):312-318. doi: 10.2105/AJPH.2016.303561. Epub 2016 Dec 20. PMID: 27997234; PMCID: PMC5227929.
134. Nguyen PH, Frongillo EA, Kim SS, Zongrone AA, Jilani A, Tran LM, Sanghvi T, Menon P. Information Diffusion and Social Norms Are Associated with Infant and Young Child Feeding Practices in Bangladesh. *J Nutr.* 2019 Nov 1;149(11):2034-2045. doi: 10.1093/jn/nxz167. PMID: 31396621; PMCID: PMC6825823.
135. Nguyen PH, Kim SS, Tran LM, Menon P, Frongillo EA. Early breastfeeding practices contribute to exclusive breastfeeding in Bangladesh, Vietnam and Ethiopia. *Matern Child Nutr.* 2020 Oct;16(4):e13012. doi: 10.1111/mcn.13012. Epub 2020 Apr 22. PMID: 32319177; PMCID: PMC7507484.
136. Nguyen TT, Hajeebhoy N, Li J, Do CT, Mathisen R, Frongillo EA. Community support model on breastfeeding and complementary feeding practices in remote areas in Vietnam: implementation, cost, and effectiveness. *Int J Equity Health.* 2021 May 17;20(1):121. doi: 10.1186/s12939-021-01451-0. PMID: 34001154; PMCID: PMC8127246.
137. Nikièma L, Huybregts L, Martin-Prevel Y, Donnen P, Lanou H, Grosemans J, Offoh P, Dramaix-Wilmet M, Sondo B, Roberfroid D, Kolsteren P. Effectiveness of facility-based personalized maternal nutrition counseling in improving child growth and morbidity up to 18 months: A cluster-randomized controlled trial in rural Burkina Faso. *PLoS One.* 2017 May 25;12(5):e0177839. doi: 10.1371/journal.pone.0177839. PMID: 28542391; PMCID: PMC5444625.
138. Nukpezah RN, Nuvor SV, Ninnoni J. Knowledge and practice of exclusive breastfeeding among mothers in the tamale metropolis of Ghana. *Reprod Health.* 2018 Aug 22;15(1):140. doi: 10.1186/s12978-018-0579-3. PMID: 30134962; PMCID: PMC6106742.
139. Ochola SA, Labadarios D, Nduati RW. Impact of counselling on exclusive breast-feeding practices in a poor urban setting in Kenya: a randomized controlled trial. *Public Health Nutr.* 2013 Oct;16(10):1732-40. doi: 10.1017/S1368980012004405. Epub 2012 Oct 8. PMID: 23039968.

140. Ogaji DS, Arthur AO, George I. Effectiveness of Mobile Phone-Based Support on Exclusive Breastfeeding and Infant Growth in Nigeria: A Randomized Controlled Trial. *J Trop Pediatr*. 2021 Jan 29;67(1):fmaa076. doi: 10.1093/tropej/fmaa076. PMID: 33313858.
141. Olatona FA, Adenihun JO, Aderibigbe SA, Adeniyi OF. Complementary Feeding Knowledge, Practices, and Dietary Diversity among Mothers of Under-Five Children in an Urban Community in Lagos State, Nigeria. *Int J MCH AIDS*. 2017;6(1):46-59. doi: 10.21106/ijma.203. PMID: 28798893; PMCID: PMC5547225.
142. Olney DK, Pedehombga A, Ruel MT, Dillon A. A 2-year integrated agriculture and nutrition and health behavior change communication program targeted to women in Burkina Faso reduces anemia, wasting, and diarrhea in children 3-12.9 months of age at baseline: a cluster-randomized controlled trial. *J Nutr*. 2015 Jun;145(6):1317-24. doi: 10.3945/jn.114.203539. Epub 2015 Apr 22. PMID: 25904734.
143. Owais A, Schwartz B, Kleinbaum DG, Suchdev PS, Faruque ASG, Das SK, Rahman S, Stein AD. A Nutrition Education Program in Rural Bangladesh Was Associated with Improved Feeding Practices but Not with Child Growth. *J Nutr*. 2017 May;147(5):948-954. doi: 10.3945/jn.116.243956. Epub 2017 Mar 15. PMID: 28298543.
144. Patel A, Kuhite P, Puranik A, Khan SS, Borkar J, Dhande L. Effectiveness of weekly cell phone counselling calls and daily text messages to improve breastfeeding indicators. *BMC Pediatr*. 2018 Oct 30;18(1):337. doi: 10.1186/s12887-018-1308-3. PMID: 30376823; PMCID: PMC6206669.
145. Permatasari T, Syafruddin A. Early initiation of breastfeeding related to exclusive breastfeeding and breastfeeding duration in rural and urban areas in Subang, West Java, Indonesia. *J Health Res*, 30, 5 October 2016. DOI: 10.14456/jhr.2016.46.
146. Pradanie R, Rachmawati P, Cahyani M. Factors Associated with Mothers' Behaviors in Selecting Complementary Feeding in Surabaya, Indonesia. *Nurse Media Journal of Nursing*, 10(3), 2020, 306-316. DOI: 10.14710/nmjn.v10i3.27706.
147. Rabiepoor S, Khodaei A, Valizadeh R. Husbands' participation in prenatal care and breastfeeding self-efficacy in Iranian women: A randomized clinical trial. *Med J Islam Repub Iran*. 2019 (20 Jun);33:58. <https://doi.org/10.34171/mjiri.33.58>.
148. Raeisi K, Shariat M, Nayeri F, Raji F, Dalili H. A single center study of the effects of trained fathers' participation in constant breastfeeding. *Acta Med Iran*. 2014;52(9):694-6. PMID: 25421843.
149. Rakotomanana H, Hildebrand D, Gates GE, et al. Maternal knowledge, attitudes, and practices of complementary feeding and child undernutrition in the Vakinankaratra region of Madagascar: A mixed-methods study. *Current Developments in Nutrition*, 2020, 4(11):nzaa162.
150. Ratnasari D, Paramashanti BA, Hadi H, Yugistyowati A, Astiti D, Nurhayati E. Family support and exclusive breastfeeding among Yogyakarta mothers in employment. *Asia Pac J Clin Nutr*. 2017 Jun;26(Suppl 1):S31-S35. doi: 10.6133/apjcn.062017.s8. PMID: 28625034.
151. Ratnayake HE, Rowel D. Prevalence of exclusive breastfeeding and barriers for its continuation up to six months in Kandy district, Sri Lanka. *Int Breastfeed J*. 2018 Aug 9;13:36. doi: 10.1186/s13006-018-0180-y. PMID: 30116290; PMCID: PMC6085653.
152. Rawat R, Nguyen PH, Tran LM, Hajeebhoy N, Nguyen HV, Baker J, Frongillo EA, Ruel MT, Menon P. Social Franchising and a Nationwide Mass Media Campaign Increased the Prevalence of Adequate Complementary Feeding in Vietnam: A Cluster-Randomized Program Evaluation. *J Nutr*. 2017

- Apr;147(4):670-679. doi: 10.3945/jn.116.243907. Epub 2017 Feb 8. PMID: 28179488; PMCID: PMC5368587.
153. Rosales A, Sargsyan V, Abelyan K, Hovhannesian A, Ter-Abrahanyan K, Jillson KQ, Cherian D. Behavior change communication model enhancing parental practices for improved early childhood growth and development outcomes in rural Armenia - A quasi-experimental study. *Prev Med Rep.* 2019 Feb 10;14:100820. doi: 10.1016/j.pmedr.2019.100820. PMID: 30815335; PMCID: PMC6378836.
 154. Ruducha J, Huang X, Potter J, Hariharan D, Ahmad D, Kumar S, Mohanan PS, Hazra A. Perceived Social Networks and Newborn Health: Evidence from Self-Help Group Communities in Northern India. *Societies (Basel).* 2018 Sep 20;8(4):92. doi: 10.3390/soc8040092. PMID: 33520292; PMCID: PMC7797619.
 155. Saaka M, Wemah K, Kizito F, Hoeschle-Zeledon I. Effect of nutrition behaviour change communication delivered through radio on mothers' nutritional knowledge, child feeding practices and growth. *J Nutr Sci.* 2021 Jun 7;10:e44. doi: 10.1017/jns.2021.35. PMID: 34164123; PMCID: PMC8190717.
 156. Sabin A, Manzur F, Adil S. Exclusive breastfeeding practices in working women of Pakistan: A cross sectional study. *Pak J Med Sci.* 2017 Sep-Oct;33(5):1148-1155. doi: 10.12669/pjms.335.12827. PMID: 29142555; PMCID: PMC5673724.
 157. Saggurti N, Atmavilas Y, Porwal A, Schooley J, Das R, Kande N, Irani L, Hay K. Effect of health intervention integration within women's self-help groups on collectivization and healthy practices around reproductive, maternal, neonatal and child health in rural India. *PLoS One.* 2018 Aug 23;13(8):e0202562. doi: 10.1371/journal.pone.0202562. PMID: 30138397; PMCID: PMC6107172.
 158. Saljughfi F, Savabi Esfahani M, Kohan Sh, Ehsanpour S. Promoting Breastfeeding Self-efficacy through Role-playing in Pregnant Women. *Int J Pediatr* 2016; 4(7): 2061-68.
 159. Samburu BM, Young SL, Wekesah FM, Wanjohi MN, Kimiywe J, Muriuki P, Griffiths PL, McGarvey ST, Madise NJ, Kimani-Murage EW. Effectiveness of the baby-friendly community initiative in promoting exclusive breastfeeding among HIV negative and positive mothers: a randomized controlled trial in Koibatek Sub-County, Baringo, Kenya. *Int Breastfeed J.* 2020 Jul 14;15(1):62. doi: 10.1186/s13006-020-00299-4. PMID: 32664987; PMCID: PMC7362439.
 160. Sandhi A, Lee GT, Chipojola R, Huda MH, Kuo SY. The relationship between perceived milk supply and exclusive breastfeeding during the first six months postpartum: a cross-sectional study. *Int Breastfeed J.* 2020 Jul 17;15(1):65. doi: 10.1186/s13006-020-00310-y. PMID: 32680551; PMCID: PMC7367342.
 161. Sanghvi T, Haque R, Roy S, Afsana K, Seidel R, Islam S, Jimerson A, Baker J. Achieving behaviour change at scale: Alive & Thrive's infant and young child feeding programme in Bangladesh. *Matern Child Nutr.* 2016 May;12 Suppl 1(Suppl 1):141-54. doi: 10.1111/mcn.12277. PMID: 27187912; PMCID: PMC6680185.
 162. Saniel OP, Pepito VCF, Amit AML. Effectiveness of peer counseling and membership in breastfeeding support groups in promoting optimal breastfeeding behaviors in the Philippines. *Int Breastfeed J.* 2021 Jul 12;16(1):53. doi: 10.1186/s13006-021-00400-5. PMID: 34247624; PMCID: PMC8274007.
 163. Sarrassat S, Meda N, Ouedraogo M, Some H, Bambara R, Head R, Murray J, Remes P, Cousens S. Behavior Change After 20 Months of a Radio Campaign Addressing Key Lifesaving Family Behaviors

- for Child Survival: Midline Results From a Cluster Randomized Trial in Rural Burkina Faso. *Glob Health Sci Pract.* 2015 Nov 3;3(4):557-76. doi: 10.9745/GHSP-D-15-00153. PMID: 26681704; PMCID: PMC4682582.
164. Schneider L, Kosola M, Uusimäki K, Ollila S, Lubeka C, Kimiywe J, Mutanen M. Mothers' perceptions on and learning from infant and young child-feeding videos displayed in Mother and Child Health Centers in Kenya: a qualitative and quantitative approach. *Public Health Nutr.* 2021 Aug;24(12):3845-3858. doi: 10.1017/S1368980021002342. Epub 2021 May 26. PMID: 34034846.
 165. Selassie T, Fantahun M. In what ways can Community Integrated Management of Neonatal and Childhood Illness (C-IMNCI) improve child health? *Ethiop. J. Health Dev.* 2011;25(2):143-149.
 166. Shah P, Madhiwala N, Shah S, Desai G, Dave K, Dholakia N, Patel S, Desai S, Modi D. High uptake of an innovative mobile phone application among community health workers in rural India: An implementation study. *Natl Med J India.* 2019 Sep-Oct;32(5):262-269. doi: 10.4103/0970-258X.295956. PMID: 32985439.
 167. Shi H, Yang Y, Yin X, Li J, Fang J, Wang X. Determinants of exclusive breastfeeding for the first six months in China: a cross-sectional study. *Int Breastfeed J.* 2021 May 17;16(1):40. doi: 10.1186/s13006-021-00388-y. PMID: 34001155; PMCID: PMC8130252.
 168. Shohaimi NM, Mazelan M, Ramanathan K, Meor Hazizi MS, Leong YN, Cheong XB, Ambigapathy S, Cheong AT. Intention and practice on breastfeeding among pregnant mothers in Malaysia and factors associated with practice of exclusive breastfeeding: A cohort study. *PLoS One.* 2022 Jan 7;17(1):e0262401. doi: 10.1371/journal.pone.0262401. PMID: 34995321; PMCID: PMC8741045.
 169. Short VL, Bellad RM, Kelly PJ, Washio Y, Ma T, Chang K, Majantashetti NS, Charantimath US, Jaeger FJ, Lalakia P, Goudar SS, Derman R. Feasibility, acceptability, and preliminary impact of an mHealth supported breastfeeding peer counselor intervention in rural India. *Int J Gynaecol Obstet.* 2022 Jan;156(1):48-54. doi: 10.1002/ijgo.13599. Epub 2021 Feb 20. PMID: 33454986; PMCID: PMC8285457.
 170. Silva OLO, Rea MF, Sarti FM, Buccini G. Cost-effectiveness analysis of Baby-Friendly Hospital Initiative in promotion of breast-feeding and reduction of late neonatal infant mortality in Brazil. *Public Health Nutr.* 2021 Jun;24(8):2365-2375. doi: 10.1017/S1368980020001871. Epub 2020 Jul 20. PMID: 32686631.
 171. Singh A, Klemm RDW, Mundy G, Pandey Rana P, Pun B, Cunningham K. Improving maternal, infant and young child nutrition in Nepal via peer mobilization. *Public Health Nutr.* 2018 Mar;21(4):796-806. doi: 10.1017/S1368980017002993. Epub 2017 Nov 6. PMID: 29103400.
 172. Siraneh Y, Woldie M, Birhanu Z. Effectiveness of Positive Deviance Approach to Promote Exclusive Breastfeeding Practice: A Cluster Randomized Controlled Trial. *Risk Manag Healthc Policy.* 2021 Aug 24;14:3483-3503. doi: 10.2147/RMHP.S324762. PMID: 34466041; PMCID: PMC8403074.
 173. Solomon D, Aderaw Z, Tegegne TK. Minimum dietary diversity and associated factors among children aged 6-23 months in Addis Ababa, Ethiopia. *Int J Equity Health.* 2017 Oct 12;16(1):181. doi: 10.1186/s12939-017-0680-1. PMID: 29025434; PMCID: PMC5639776.
 174. Sorrie MB, Amaje E, Gebremeskel F. Pre-lacteal feeding practices and associated factors among mothers of children aged less than 12 months in Jinka Town, South Ethiopia, 2018/19. *PLoS One.* 2020 Oct 13;15(10):e0240583. doi: 10.1371/journal.pone.0240583. PMID: 33048981; PMCID: PMC7553318.

175. Starkweather C, Guarino A, Bennion N, Cottam M, McGhie J, Dearden KA, Santika O, Jusril H, Hall C, Crookston BT, Linehan M, Torres S, Bennett C, West JH. An interpersonal nutrition campaign and maternal knowledge and childhood feeding practices: a case study from mothers in rural Indonesia. *Arch Public Health*. 2020 Jul 9;78:62. doi: 10.1186/s13690-020-00444-9. PMID: 32670574; PMCID: PMC7346385.
176. Su M, Ouyang YQ. Father's Role in Breastfeeding Promotion: Lessons from a Quasi-Experimental Trial in China. *Breastfeed Med*. 2016 Apr;11:144-9. doi: 10.1089/bfm.2015.0144. Epub 2016 Feb 2. PMID: 26836960.
177. Suresh S, Paxton A, Pun BK, Gyawali MR, Kshetri ID, Rana PP, Cunningham K. Degree of exposure to interventions influences maternal and child dietary practices: Evidence from a large-scale multisectoral nutrition program. *PLoS One*. 2019 Aug 26;14(8):e0221260. doi: 10.1371/journal.pone.0221260. PMID: 31449529; PMCID: PMC6709950.
178. Suryavanshi N, Kadam A, Gupte N, Hegde A, Kanade S, Sivalenka S, Kumar VS, Gupta A, Bollinger RC, Shankar A, McKenzie-White J, Mave V. A mobile health-facilitated behavioural intervention for community health workers improves exclusive breastfeeding and early infant HIV diagnosis in India: a cluster randomized trial. *J Int AIDS Soc*. 2020 Jul;23(7):e25555. doi: 10.1002/jia2.25555. PMID: 32618115; PMCID: PMC7332965.
179. Susiloretni KA, Hadi H, Prabandari YS, Soenarto YS, Wilopo SA. What works to improve duration of exclusive breastfeeding: lessons from the exclusive breastfeeding promotion program in rural Indonesia. *Matern Child Health J*. 2015 Jul;19(7):1515-25. doi: 10.1007/s10995-014-1656-z. PMID: 25487415.
180. Talukder S, Farhana D, Vitta B, Greiner T. In a rural area of Bangladesh, traditional birth attendant training improved early infant feeding practices: a pragmatic cluster randomized trial. *Matern Child Nutr*. 2017 Jan;13(1):e12237. doi: 10.1111/mcn.12237. Epub 2016 Jan 18. PMID: 26775711; PMCID: PMC6865915.
181. Tegegne M, Sileshi S, Benti T, Teshome M, Woldie H. Factors associated with minimal meal frequency and dietary diversity practices among infants and young children in the predominantly agrarian society of Bale zone, Southeast Ethiopia: a community based cross sectional study. *Arch Public Health*. 2017 Nov 13;75:53. doi: 10.1186/s13690-017-0216-6. PMID: 29158896; PMCID: PMC5682638.
182. Teshale AB, Worku MG, Tessema ZT, Tesema GA. Prelacteal feeding practice and its associated factors among mothers having children less than 2 years of age in East Africa: a multilevel analysis of the recent demographic and health surveys. *Int Breastfeed J*. 2021 Sep 8;16(1):68. doi: 10.1186/s13006-021-00414-z. PMID: 34496922; PMCID: PMC8424961.
183. Teshome GB, Whiting SJ, Green TJ, Mulualem D, Henry CJ. Scaled-up nutrition education on pulse-cereal complementary food practice in Ethiopia: a cluster-randomized trial. *BMC Public Health*. 2020 Sep 22;20(1):1437. doi: 10.1186/s12889-020-09262-8. PMID: 32962685; PMCID: PMC7507676.
184. Tewabe T. Prelacteal Feeding Practices among Mothers in Motta Town, Northwest Ethiopia: A Cross-sectional Study. *Ethiop J Health Sci*. 2018 Jul;28(4):393-402. doi: 10.4314/ejhs.v28i4.5. PMID: 30607052; PMCID: PMC6308743.
185. Thet MM, Aung T, Diamond-Smith N, Sudhinaraset M. The influence of a community-level breast-feeding promotion intervention programme on breast-feeding practices in Myanmar. *Public*

- Health Nutr. 2018 Nov;21(16):3091-3100. doi: 10.1017/S1368980018001799. Epub 2018 Aug 15. PMID: 30109844.
186. Tseng JF, Chen SR, Au HK, Chipojola R, Lee GT, Lee PH, Shyu ML, Kuo SY. Effectiveness of an integrated breastfeeding education program to improve self-efficacy and exclusive breastfeeding rate: A single-blind, randomised controlled study. *Int J Nurs Stud*. 2020 Nov;111:103770. doi: 10.1016/j.ijnurstu.2020.103770. Epub 2020 Sep 3. PMID: 32961461.
 187. Tylleskär T, Jackson D, Meda N, Engebretsen IM, Chopra M, Diallo AH, Doherty T, Ekström EC, Fadnes LT, Goga A, Kankasa C, Klungsøyr JI, Lombard C, Nankabirwa V, Nankunda JK, Van de Perre P, Sanders D, Shanmugam R, Sommerfelt H, Wamani H, Tumwine JK; PROMISE-EBF Study Group. Exclusive breastfeeding promotion by peer counsellors in sub-Saharan Africa (PROMISE-EBF): a cluster-randomised trial. *Lancet*. 2011 Jul 30;378(9789):420-7. doi: 10.1016/S0140-6736(11)60738-1. PMID: 21752462.
 188. Ukegbu AU, Ebenebe EU, Ukegbu PO, Onyeonoro UU. Determinants of breastfeeding pattern among nursing mothers in Anambra State, Nigeria. *East Afr J Public Health*. 2011 Sep;8(3):226-31. PMID: 23120962.
 189. Underwood CR, Broaddus ET, Kc S, Thapa RK. Community Theater Participation and Nutrition-Related Practices: Evidence from Nepal. *J Health Commun*. 2017 Apr;22(4):327-336. doi: 10.1080/10810730.2017.1290166. Epub 2017 Mar 13. PMID: 28287949.
 190. Unger JA, Ronen K, Perrier T, DeRenzi B, Slyker J, Drake AL, Mogaka D, Kinuthia J, John-Stewart G. Short message service communication improves exclusive breastfeeding and early postpartum contraception in a low- to middle-income country setting: a randomised trial. *BJOG*. 2018 Nov;125(12):1620-1629. doi: 10.1111/1471-0528.15337. Epub 2018 Aug 28. PMID: 29924912; PMCID: PMC6179930.
 191. Vakilian K, Farahani OCT, Heidari T. Enhancing Breastfeeding - Home-Based Education on Self-Efficacy: A Preventive Strategy. *Int J Prev Med*. 2020 Jun 3;11:63. doi: 10.4103/ijpvm.IJPVM_494_17. PMID: 32577193; PMCID: PMC7297412.
 192. Van Breevoort D, Tognon F, Beguin A, Ngegbai AS, Putoto G, van den Broek A. Determinants of breastfeeding practice in Pujehun district, southern Sierra Leone: a mixed-method study. *Int Breastfeed J*. 2021 May 26;16(1):42. doi: 10.1186/s13006-021-00390-4. PMID: 34039388; PMCID: PMC8157431.
 193. Walsh SM, Cordes L, McCreary L, Norr KF. Effects of Early Initiation of Breastfeeding on Exclusive Breastfeeding Practices of Mothers in Rural Haiti. *J Pediatr Health Care*. 2019 Sep-Oct;33(5):561-567. doi: 10.1016/j.pedhc.2019.02.010. Epub 2019 May 30. PMID: 31153727.
 194. Walters CN, Rakotomanana H, Komakech JJ, et al. Maternal determinants of optimal breastfeeding and complementary feeding and their association with child undernutrition in Malawi (2015-2016). *BMP Public Health*, 2020, 19:1503.
 195. Wang Y, Briere CE, Xu W, Cong X. Factors Affecting Breastfeeding Outcomes at Six Months in Preterm Infants. *J Hum Lact*. 2019 Feb;35(1):80-89. doi: 10.1177/0890334418771307. Epub 2018 May 3. PMID: 29723482.
 196. Ward VC, Raheel H, Weng Y, Mehta KM, Dutt P, Mitra R, Sastry P, Godfrey A, Shannon M, Chamberlain S, Kaimal R, Carmichael SL, Bentley J, Abdalla S, Pepper KT, Mahapatra T, Srikantiah S, Borkum E, Rangarajan A, Sridharan S, Rotz D, Nanda P, Tarigopula UK, Atmavilas Y, Bhattacharya D, Darmstadt GL; Ananya Study Group. Impact of mHealth interventions for reproductive,

- maternal, newborn and child health and nutrition at scale: BBC Media Action and the Ananya program in Bihar, India. *J Glob Health*. 2020 Dec;10(2):021005. doi: 10.7189/jogh.10.021005. Epub 2020 Dec 19. PMID: 33425329; PMCID: PMC7758913.
197. Waswa LM, Jordan I, Herrmann J, Krawinkel MB, Keding GB. Community-based educational intervention improved the diversity of complementary diets in western Kenya: results from a randomized controlled trial. *Public Health Nutr*. 2015 Dec;18(18):3406-19. doi: 10.1017/S1368980015000920. Epub 2015 Apr 10. PMID: 25857703.
 198. White S, Schmidt W, Sahanggamu D, Fatmaningrum D, van Liere M, Curtis V. Can gossip change nutrition behaviour? Results of a mass media and community-based intervention trial in East Java, Indonesia. *Trop Med Int Health*. 2016 Mar;21(3):348-64. doi: 10.1111/tmi.12660. Epub 2016 Feb 3. PMID: 26701153.
 199. Witten C, Claasen N, Kruger HS, et al. Psychosocial barriers and enablers of exclusive breastfeeding: Lived experiences of mothers in low-income townships, North West Province, South Africa. *International Breastfeeding Journal*, 2020, 15:76.
 200. Workicho A, Biadgilign S, Kershaw M, Gizaw R, Stickland J, Assefa W, Abuye C, Woldegiorgis B, Berhanu L, Kennedy E. Social and behaviour change communication to improve child feeding practices in Ethiopia. *Matern Child Nutr*. 2021 Oct;17(4):e13231. doi: 10.1111/mcn.13231. Epub 2021 Jun 15. PMID: 34132054; PMCID: PMC8476421.
 201. Wu Q, Huang Y, Liao Z, van Velthoven MH, Wang W, Zhang Y. Effectiveness of WeChat for Improving Exclusive Breastfeeding in Huzhu County China: Randomized Controlled Trial. *J Med Internet Res*. 2020 Dec 3;22(12):e23273. doi: 10.2196/23273. PMID: 33270026; PMCID: PMC7746496.
 202. Yenit MK, Genetu H, Tariku A. Infant feeding counseling and knowledge are the key determinants of prelacteal feeding among HIV exposed infants attending public hospitals in Ethiopia. *Arch Public Health*. 2017 May 22;75:23. doi: 10.1186/s13690-017-0191-y. PMID: 28536653; PMCID: PMC5439130.
 203. Yorick R, Khudonazarov F, Gall AJ, Pedersen KF, Wesson J. Volunteer Community Health and Agriculture Workers Help Reduce Childhood Malnutrition in Tajikistan. *Glob Health Sci Pract*. 2021 Mar 15;9(Suppl 1):S137-S150. doi: 10.9745/GHSP-D-20-00325. PMID: 33727326; PMCID: PMC7971367.
 204. Yotebieng M, Labbok M, Soeters HM, Chalachala JL, Lapika B, Vitta BS, Behets F. Ten Steps to Successful Breastfeeding programme to promote early initiation and exclusive breastfeeding in DR Congo: a cluster-randomised controlled trial. *Lancet Glob Health*. 2015 Sep;3(9):e546-55. doi: 10.1016/S2214-109X(15)00012-1. Epub 2015 Aug 2. PMID: 26246225.
 205. Young MF, Nguyen P, Kachwaha S, Tran Mai L, Ghosh S, Agrawal R, Escobar-Alegria J, Menon P, Avula R. It takes a village: An empirical analysis of how husbands, mothers-in-law, health workers, and mothers influence breastfeeding practices in Uttar Pradesh, India. *Matern Child Nutr*. 2020 Apr;16(2):e12892. doi: 10.1111/mcn.12892. Epub 2019 Nov 26. PMID: 31773869; PMCID: PMC7083414.
 206. Young MF, Baik D, Reinsma K, Gosdin L, Rogers HP, Oy S, Invong W, Hen H, Ouk S, Chhorvann C. Evaluation of mobile phone-based Positive Deviance/Hearth child undernutrition program in Cambodia. *Matern Child Nutr*. 2021 Oct;17(4):e13224. doi: 10.1111/mcn.13224. Epub 2021 Aug 19. PMID: 34414653; PMCID: PMC8476410.

207. Yu XR, Xie WP, Liu JF, Dai WS, Cao H, Chen Q. Effect of WeChat follow-up education on breastfeeding efficiency of infants after congenital cardiac surgery and parents' satisfaction: A short-term follow-up study. *J Paediatr Child Health*. 2021 Jun 4. doi: 10.1111/jpc.15605. Epub ahead of print. PMID: 34085341.
208. Zhang J, Shi L, Chen DF, Wang J, Wang Y. Effectiveness of an educational intervention to improve child feeding practices and growth in rural China: updated results at 18 months of age. *Matern Child Nutr*. 2013 Jan;9(1):118-29. doi: 10.1111/j.1740-8709.2012.00447.x. Epub 2012 Oct 1. PMID: 23020102; PMCID: PMC6860631.
209. Ziaei S, Contreras M, Zelaya Blandón E, Persson LÅ, Hjern A, Ekström EC. Women's autonomy and social support and their associations with infant and young child feeding and nutritional status: community-based survey in rural Nicaragua. *Public Health Nutr*. 2015 Aug;18(11):1979-90. doi: 10.1017/S1368980014002468. Epub 2014 Nov 20. PMID: 25409706.