Know, Care, Do: A Theory of Change for Engaging Men and Boys in Family Planning

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What is engaging men and boys in family planning?



Source: Pascoe et al., 2012; adapted from Greene, 2002

Emerging definition:

"...an intentional process that supports men and boys to participate fully and meaningfully in FP/SRH both individually and with their intimate partners (e.g., individual and partner contraceptive use), families, and communities in supportive, affirming, and gender-equitable ways..."





Know, Care, Do: A Theory of Change for Engaging Men and Boys in Family Planning

Audience: Program implementers working to increase and strengthen the engagement of men and boys in family planning programming and services across the <u>life</u> <u>course</u> and across all levels of the <u>socio-ecological model</u>

Languages: English, French, and Spanish









Why was this tool developed?





Evidence shows that engaging men and boys in family planning and sexual and reproductive health programs can decrease unintended pregnancy, improve maternal health, reduce sexually transmitted infections such as HIV/AIDS, and advance gender equality.

Source: Hook et al., 2021; Rottach et al., 2009





What is the purpose of this tool?

Purpose: Guide program implementers as they consider how to address key drivers of men's and boys' engagement and bring about necessary changes to meaningfully involve men and boys in family planning programming and services in supportive, affirming, and genderequitable ways.









What does this tool do?



- Drivers of men's and boys' engagement in FP
- Intervention features for engaging men and boys in FP
- Anticipated changes resulting from interventions
- Impact

6

STRUCTURAL FACTORS





Key principles for engaging men and boys

- Recognize central role of gender norms
- Adopt gender-transformative approaches
- Focus on individual men and boys and their relationships
- Emphasize universal reproductive empowerment
- Position engagement in broader context of men's and boys' lives







Key considerations for implementation

- Gather available data and conduct necessary research to design or redesign for the specific context (e.g., social, economic, political, demographic)
- Identify who to work with to address the key drivers of men's and boys' engagement in the given context
- Identify context-specific issues and opportunities to be addressed by your programming and/or services
- Select the most appropriate intervention approaches and strategies for the given context
- Conduct awareness-raising activities with staff, partners, and/or stakeholders to sensitize them to the importance of engaging men and boys





Preparing for implementation challenges

- Remember that engaging men and boys is <u>not</u> a zero-sum game; prepare for naysayers and skeptics
- Monitor for unintended consequences regarding gender and power dynamics and be prepared to address them
- Build your monitoring and evaluation system to track progress and evaluate impact regarding women's and girls' bodily autonomy and agency <u>and</u> reproductive empowerment across genders
- Remember that this work is about socio-cultural shift and can take a long time; document what you do and do not do to understand what was possible with available time and resources





Thank You

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Additional resources and information

Subtitle

- Know, Care, Do: A Theory of Change for Engaging Men and Boys in Family Planning (English, français, español) - Breakthrough ACTION, Johns Hopkins Center for Communication Programs: <u>https://breakthroughactionandresearch.org/know-care-do-engaging-menand-boys-in-fp/</u>
- Advancing Male Engagement in Family Planning + Reproductive Health: An Advocacy Tool (English, français) - Breakthrough ACTION, Johns Hopkins Center for Communication Programs: <u>https://breakthroughactionandresearch.org/wp-</u> <u>content/uploads/2019/05/Advancing-Male-</u> <u>Engagement.pdf & https://breakthroughactionandresearch.org/wpcontent/uploads/2019/07/Advancing-Male-Engagement-FR.pdf</u>





Additional resources and information

Subtitle

- Do's and Don'ts for Engaging Men and Boys (English, français, español, português) - Interagency Gender Working Group Male Engagement Task Force: <u>https://www.igwg.org/resources/dos-donts-for-engaging-men-boys/</u>
- Reflection and Action Tool: Integrating a Life Course Approach in Programming with Boys & Men for Gender Equality (English, français, español) - Passages Project, Institute for Reproductive Health at Georgetown University: <u>https://irh.org/resource-library/life-course-tool/</u>
- Understanding the Male Life Course: Opportunities for Gender Transformation (English) - Passages Project, Institute for Reproductive Health at Georgetown University: <u>https://www.irh.org/resource-</u> <u>library/male-life-course-opportunities/</u>





References

Subtitle

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- Pascoe, L., Herstad, M., Shand, T., & van den Heever, L. (2012). Building male involvement in SRHR: A basic model for male involvement in sexual and reproductive health and rights. Sonke Gender Justice Network. http://menengage.org/ wpcontent/uploads/2014/01/Sonke-Gender-Justice-Model-for-Male-Involvementin-SRHR.pdf
- Rottach, E., Schuler, S. R., & Hardee, K. (2009). *Gender perspectives improve reproductive health outcomes: New evidence*. Population Reference
 Bureau. <u>https://www.prb.org/resources/gender-perspectives-improve-reproductive-health-outcomes-new-evidence/</u>



