## IMPROVING ACCESS TO PRIMARY HEALTH CARE (PHC) SERVICES THROUGH AN MNCH+NUTRITION CAMPAIGN

Kizzy Oladeinde, <u>Shittu Abdu-Aguye</u>, Eric Yila, Agnes Shekwo, Ian Tweedie Breakthrough ACTION Nigeria





## **Overview of Breakthrough ACTION Nigeria**

### Overview

Breakthrough Action Nigeria (BA-N) is USAID's flagship Social and Behavior Change (SBC) project. Strategic Objectives

Increase the practice of priority health maternal, newborn, child health (MNCH), family planning (FP), nutrition and malaria behaviors.

### Location(s)

BA-N implements Integrated SBC for RMNCH+N in 5 states including **Federal Capital Territory (FCT)** in Nigeria. - 6 Area Councils in FCT





### FACTORS AFFECTING MNCH+N INDICES IN THE FEDERAL CAPITAL TERRITORY (FCT)

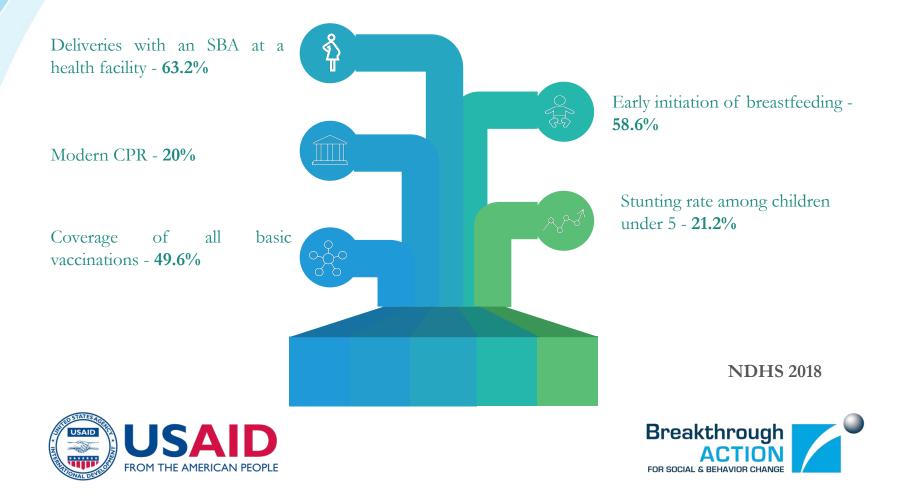
The Federal Capital Territory (FCT), Nigeria's capital region, records maternal, newborn, child health and nutrition (MNCH+N) indices which are better than the national average but poor for the largely urban and peri-urban setting. Multiple factors contribute to poor health outcomes in the territory:

- adherence to traditional practices/delay in seeking care
- distance to health facilities and difficult terrain
- out-of-pocket costs
- inadequate quality of services
- stockout of health commodities
- limited hours of health facility operation
- insecurity





### **MNCH+NUTRITION INDICES IN FCT**



# FCT MNCH+N Campaign

### **Objectives**:

- 1. Increase community demand for maternal, newborn and child health (MNCH) and nutrition services
- 2. Increase coverage with maternal, newborn and child health (MNCH) and nutrition services in the target population.

### Strategy:

**Pilot a 5-day** MNCH+N Campaign across six wards in two Area Councils (Kuje and Bwari) of FCT in collaboration with the FCT Primary Healthcare Board (FCT-PHCB) and USAID implementing partners (September 2021).



BA-Nigeria community volunteers mobilizing people during the FCT MNCH+N campaign





## FCT MNCH+N Campaign's Coordination Strategy

**During the Campaign** 

creation, service delivery and

commodity logistics partners

implemented agreed activities

Government and USAID demand

BA-Nigeria facilitated all community

mobilization approaches (motorized

campaign, town announcers, Community

volunteers for IPC) and referrals.

#### Before the Campaign



Planning meetings with USAID service delivery partners *(IHP, GHSC-PSM)* and FCT-PHCB and local government health departments.





Comprehensive plan for the campaign was developed. **Areas Councils** *(Bwari and Kuje)* and **Referral Sites** for the pilot were **jointly selected** based on performance data.



Roles identified and agreed for each USAID and government *(FCT-PHCB and Local Government Health Departments)* partner.





Government partners and USAID service delivery partners ensured the availability of all primary healthcare services and health commodities to meet the high demand generated by BA-N.

#### After the Campaign



BA-Nigeria conducted an internal After-Action Review (AAR)

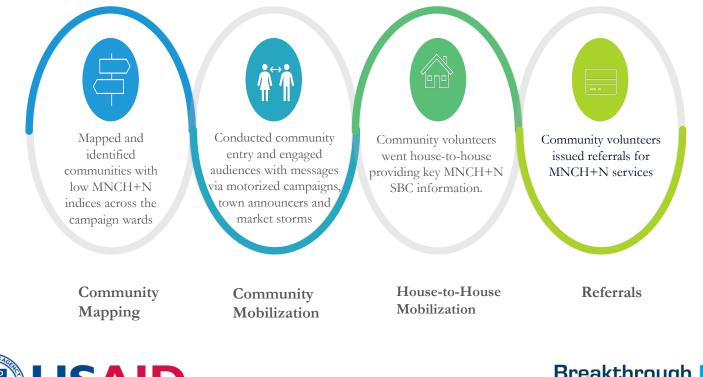


Joint post-campaign review (debrief) with FCT-PHCB, BA-N and USAID partners





### BA-Nigeria's Coordinated Multi-Channel Community Mobilization Approach to the Campaign



FROM THE AMERICAN PEOPLE



## Service Delivery Support for the FCT MNCH+N Campaign

The FCT-PHCB and USAID service delivery partners supported the facilities to:

- ensure quality of integrated MNCH+N services at the referral health facilities
- availability of essential medicines throughout the campaign, to meet the client demand generated by BA-Nigeria.



MNCH+N medicines and commodities provided by the FCT-PHCB during the campaign



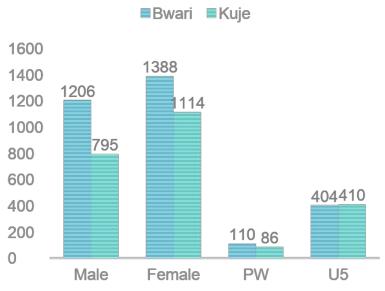


# Results

- Over 4,000 persons (2,350 in Bwari and 1,659 in Kuje) were reached.
- Records from the six (6) campaign referral facilities showed increased MNCH+N service uptake during the 5-day campaign compared with the cumulative uptake for antenatal care, immunization, and diarrhea case management in the 3 months before the campaign.



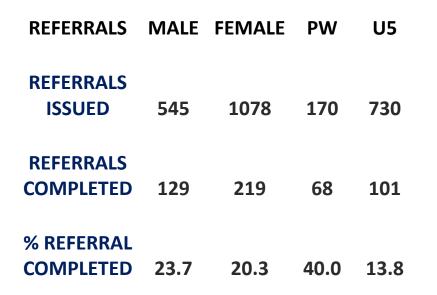
### **Persons Reached per LGA**

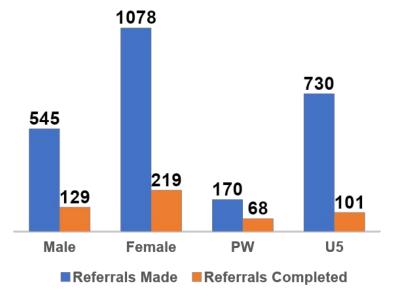


Persons reached through the combined strategy of Motorized campaign and IPC (Town Announcement)



### **Referrals Issued & Completed**

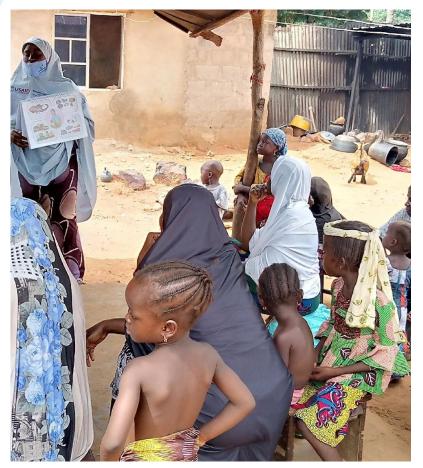








## LESSONS LEARNED



- Community mobilization and referrals motivate clients to access health facility services.
- Free and subsidized services increased service uptake, especially among poor and vulnerable populations.
- Joint implementation and supportive supervision by the FCT-PHCB and USAID partners improved coverage of community mobilization, availability of providers and quality of care at the health facilities during the 5-day campaign.
- Availability of a wide range of services and the presence of health service providers improved confidence and trust in the PHC by community members.
- Joint post-campaign review enables partners agree on best practices, lessons learned and recommendations for future campaigns.





# CONCLUSION

Hard-to-reach communities had access to healthcare services that they would otherwise not have been opportune or motivated to access

The campaign improved the public's confidence in utilizing the health facilities.

Though campaigns cannot replace routine PHC services, there are opportunities for stakeholders to consolidate efforts and conduct joint implementation for improved MNCH+N outcomes in FCT and across other states in Nigeria.







For more information, please contact:

# Senior Deputy Project Director – FP & I-SBC shittu@ba-nigeria.org

www.breakthroughactionandresearch.org



@BreakthroughAR

 $\tilde{I}$  @Breakthrough\_AR

in) @breakthrough-action-research

This presentation is made possible by the generous support of the American people through the United States Agency for International Development (USAID). The contents are the responsibility of Breakthrough ACTION and do not necessarily reflect the views of USAID or the United States Government.



