

PARTNER ASKS

When did you start using your first family planning method? How did we discuss it?

If we didn't discuss it, how did it affect you?



PARTNER ASKS

How did you decide to select your current family planning method?

Why did you choose this in particular?



PARTNER ASKS

Have you ever had
second thoughts or
wanted to stop using a
family planning method?

Why?



PARTNER ASKS

Can you share about
your family planning
experience?

How has it been?



PARTNER ASKS

What support do you
need from me in our
family planning journey?



PARTNER ASKS

Have you ever switched methods?

Why and how was it like?



USER ASKS

Do you have any worries
or concerns about me
using a family planning
method?



USER ASKS

Have we ever had
disagreement(s) about
using a family planning
method?

What was it about?

How did we agree?



USER ASKS

When did we decide to start using family planning?

Why did we decide to do so?



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Breakthrough
ACTION
FOR SOCIAL & BEHAVIOR CHANGE



USER ASKS

Do you recall a time I had
a negative experience
with a famiy planning
method?

How did it affect us?



USER ASKS

Do you know which family planning method works the best for me so far?

If not, share with your partner.



USER ASKS

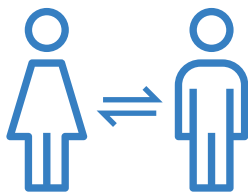
What role would you
want to play in my family
planning journey?



ASK EACH OTHER

Other than each other,
where/who else can we
go to, to find support for
family planning matters?

- (i) For professional help
- (ii) For moral support.



ASK EACH OTHER

Describe some scenarios where we should seek professional help with regards to our family planning usage.

