



USAID
FROM THE AMERICAN PEOPLE



**Breakthrough
ACTION**
FOR SOCIAL & BEHAVIOR CHANGE

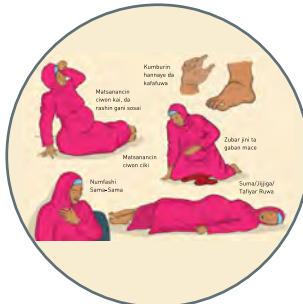
Mata masu junu biyu su gaggauta zuwa awo kuma su sha maganin kariya daga zazzabin cizon sauro



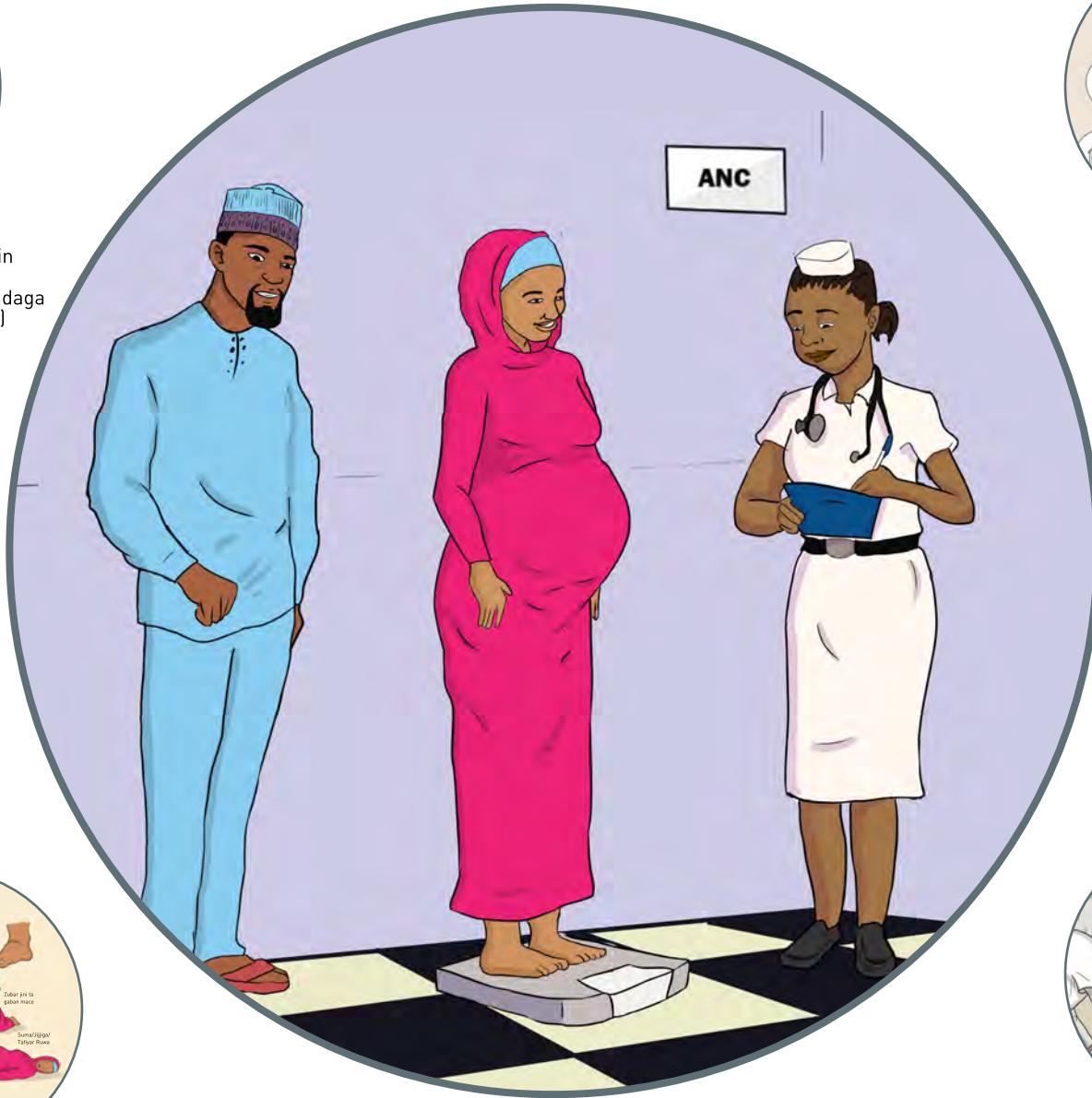
Mace mai junu biyu ta kwana cikin
gidan sauro mai dauke da
magan kuma tasha maganin kariya daga
zazzabin cizon sauro wato (IPTp)



Cin Isasshen abinci
mai inganci alokacin junu biyu



Gano alamomi masu
hatsari lokacin junu biyu



Shiri domin haihuwa



Tattaunawar ma'aurata



Neman goyon bayan magidanta

Mai juna biyu ta haihu a wajen kwararrun ma'aikatan kiyon lafiya a asibiti



Kulawa da lafiyar cibi tahanyar
amfani da maganin (Chorhexidine)



Yin rigakafi lokacin da aka haihu,



Fara bayar da nonon uwa da kuma bayar
da nonon uwa zalla har na tsawon watanni shida,



Amfani da dabaran tazara bayan
haihuwa domin samun tazarar iyali



Tattaunawar ma'aurata



Tallafawar magidanta

Yara da manya su karbi cikakken riga-kafin da yakamata



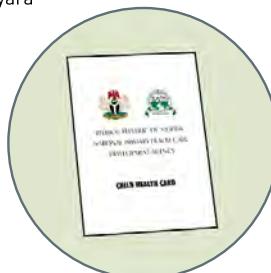
Tsarin rigakafi na koda yaushe



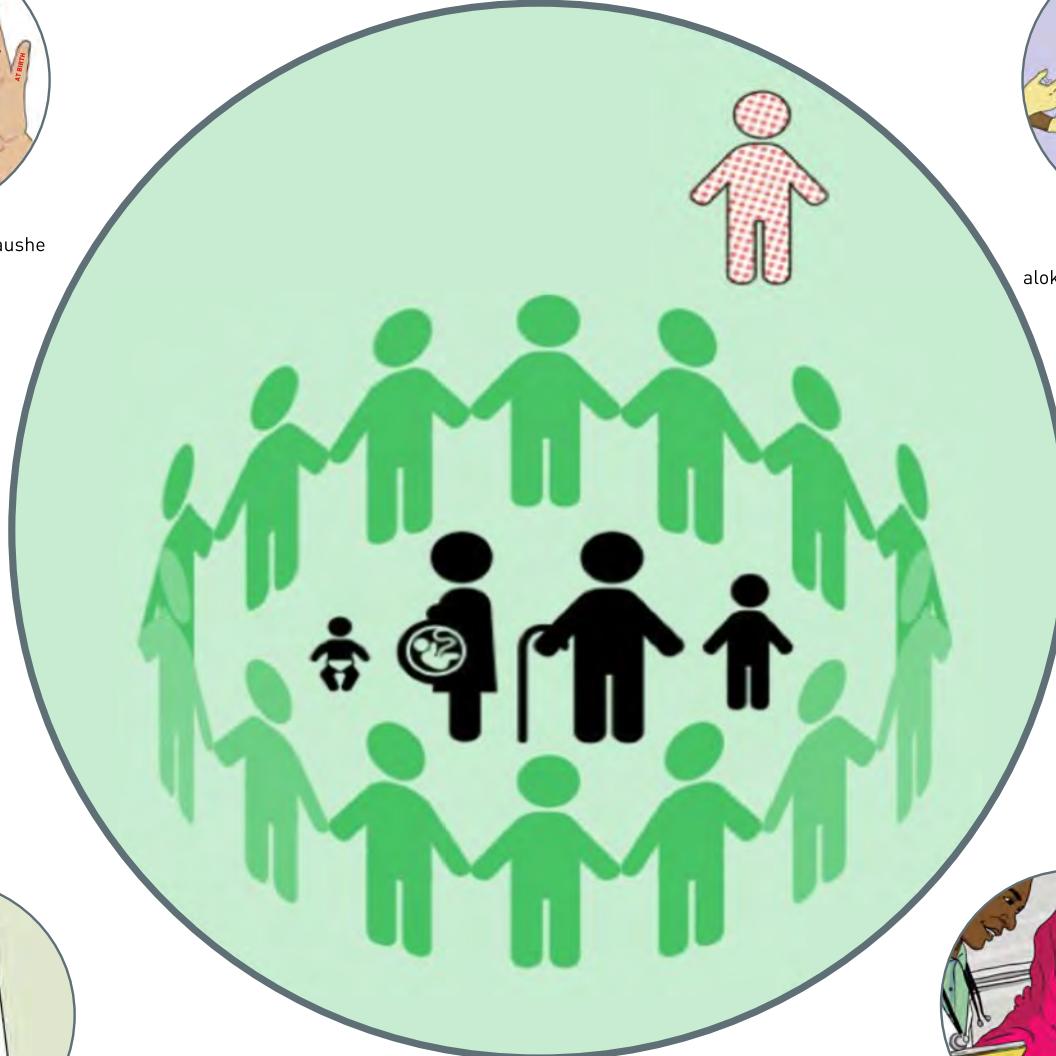
Tsarin rigakafi na koda yaushe



Rigakfin yara



Katin lafiyar yaro



Rigakfin manya –
Uba yana karbar rigakafi
alokacin kulawar bayan haihuwa



Rigakfin manya –
Mace sabuwari haihuwa

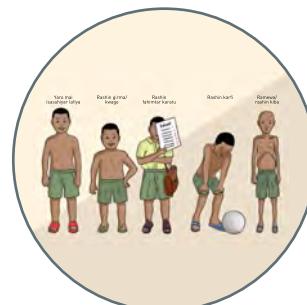


Tattaunawar ma'aurata



Tallafawar maza

Masu kula da yara su gaggauta neman agaji akan cutukan yara



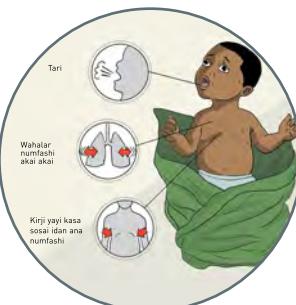
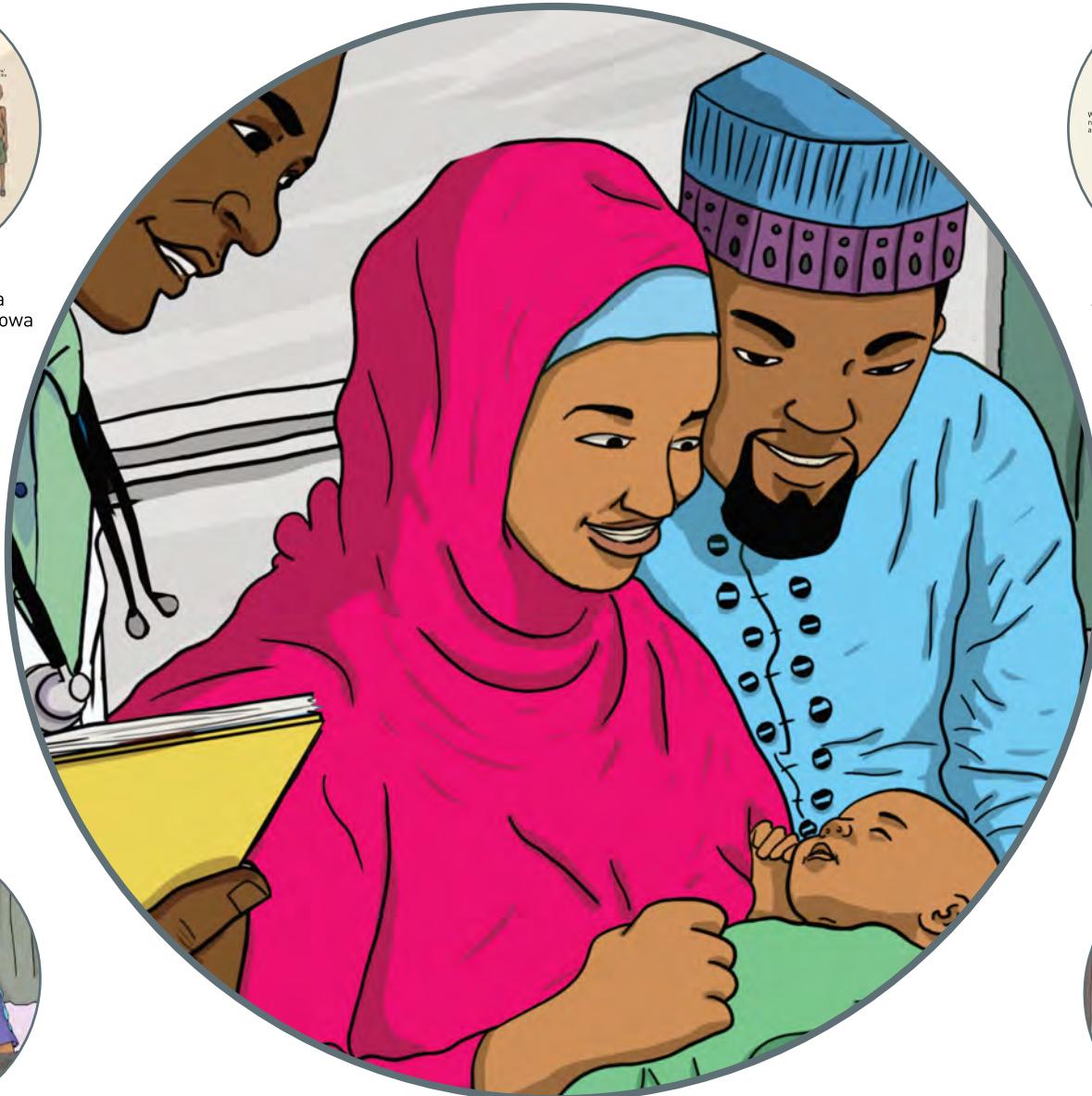
Samarda abinci mai gina
jiki ga yara: Alamomin Tamowa



Gwajin zazzabi da kuma
bayar da magani dai-dai



Magance gudawa ta hanyar amfani
da maganin ORS/Zinc



Alamomin cutar numfashi



Tattaunawar ma'aurata



Tallafawar magidanta

Maza da mata suyi amfani da dabarun tazarar haihuwa na zamani domin samun tazarar iyali



Iyaye mata zasu sami isasshen
lokacin hutawa kuma su murmure
daga wahalhalun haihuwa kafin
sake samun wani juna biyu



Iyaye mata zasu sami
damar ci gaba da neman ilimi



Ma'aurata su nemi tazarar bayan
haihuwa domin samun
tazarar iyali



Tattaunawar ma'aurata



Hanyoyin tazarar haihuwa



Tallafawar magidanta

A kodayaushe iyalai su rinka cin ingantacce kuma wadataccen nau'o'in abinci iri dabam-dabam



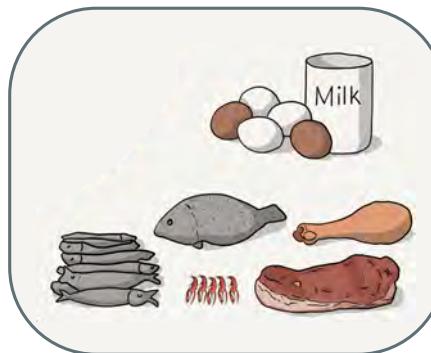
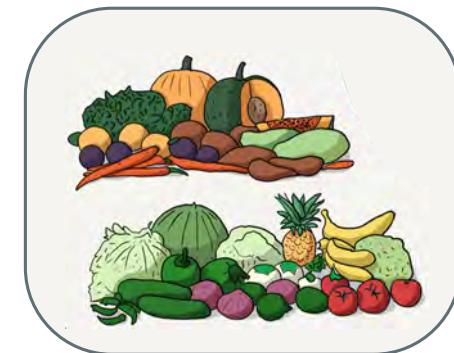
Cin ingantaccen abinci yayin da macce ke da junu biyu



Cin ingantaccen abinci yayin da macce ke shayarwa



Baiwa jarirai da kananu yara ingantaccen abinci



Cin ingantaccen abinci a tsakanin iyalai



Tattaunawa tsakanin ma'aurata



Tallafawa mata wajen harkokin gida

Magidanta da sauran daidaikun jama'a su rinka kula da tsaftar humalli data jiki domin kariya daga yaduwari cutuka

KIWON

