

USAID
FROM THE AMERICAN PEOPLE

Breakthrough
ACTION
FOR SOCIAL & BEHAVIOR CHANGE





FRUITS & VEGETABLES

Kayan Lambu da 'Ya'yan Itace



CARROT

Karas





FRUITS & VEGETABLES
Kayan Lambu da 'Ya'yan Itace



WATER MELON

Kankana





FRUITS & VEGETABLES

Kayan Lambu da 'Ya'yan Itace



BAOBAB LEAVES

Kuka





FRUITS & VEGETABLES

Kayan Lambu da 'Ya'yan Itace



PUMPKIN LEAVES

Ganyen Ugu





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MORINGA

Zogale





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PAW PAW
Gwanda





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Kayan Lambu da 'Ya'yan Itace



ORANGE

Lemu





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TOMATOES
Tumatir





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JUTE LEAVES

Ganyen Ayoyo





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OKRA
Kubewa/Guro





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PUMPKIN
Kabewa





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Kayan Lambu da 'Ya'yan Itace



LETTUCE

Latas



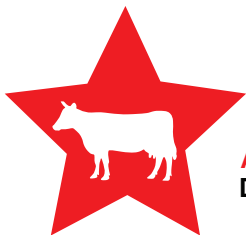


FRUITS & VEGETABLES
Kayan Lambu da 'Ya'yan Itace



SPINACH
Ganyen Alayyahu





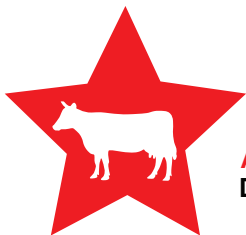
ANIMAL SOURCE
Dangin Dabbobi



BEEF

Naman Sa/Saniya





ANIMAL SOURCE
Dangin Dabbobi



GOAT
Naman Akuya



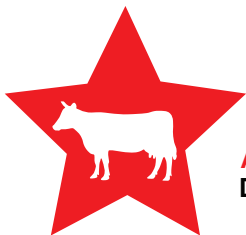


ANIMAL SOURCE
Dangin Dabbobi



YOGHURT
Kindirmo





ANIMAL SOURCE
Dangin Dabbobi



CHICKEN
Naman Kaza





ANIMAL SOURCE
Dangin Dabbobi



GUINEA FOWL
Naman Zabo





ANIMAL SOURCE
Dangin Dabbobi



FISH
Kifi





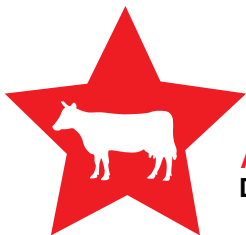
ANIMAL SOURCE
Dangin Dabbobi



RAM

Naman Rago





ANIMAL SOURCE
Dangin Dabbobi



CRAYFISH
Krapish



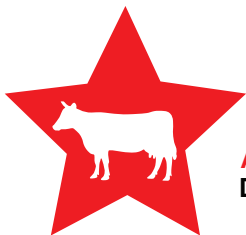


ANIMAL SOURCE
Dangin Dabbobi



WINGED TERMITE
Sunge/Shinge





ANIMAL SOURCE
Dangin Dabbobi



EGG
Kwai



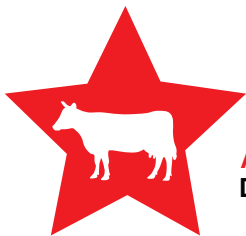


ANIMAL SOURCE
Dangin Dabbobi



MILK
Madara





ANIMAL SOURCE
Dangin Dabbobi



DRY FISH
Busasen Kifi





ANIMAL SOURCE
Dangin Dabbobi



GRASSHOPPER

Fara





LEGUMES & SEEDS
Yado



BROWN BEANS
Jan Wake





LEGUMES & SEEDS
Yado



SOY BEANS
Waken Soya





LEGUMES & SEEDS
Yado



WHITE BEANS
Farin Wake





LEGUMES & SEEDS
Yado



GROUNDNUT
Gyada





LEGUMES & SEEDS
Yado



BAMBARA NUTS
Kwaruru /Gurjiya





LEGUMES & SEEDS
Yado



CASHEW NUT
Kwalon Kashu





LEGUMES & SEEDS
Yado



LOCUST BEANS
Kalwa





LEGUMES & SEEDS
Yado



MELON SEED
Agushi





LEGUMES & SEEDS
Yado



SESAME SEED
Ridi





LEGUMES & SEEDS
Yado



GREEN BEANS
Koren Wake





LEGUMES & SEEDS
Yado



PEAS
Koren Wake/Pis





LEGUMES & SEEDS
Yado



COCONUT
Kwakwa





LEGUMES & SEEDS
Yado



Tiger Nut
Aya





STAPLES
Hatsi da Tsewa



GARRI
Garrin Rogo





STAPLES
Hatsi da Tsewa



RICE
Shinkafa





STAPLES
Hatsi da Tsewa



FONIO
Acha





STAPLES
Hatsi da Tsewa



MAIZE
Masara





STAPLES
Hatsi da Tsewa



MILLET
Gero



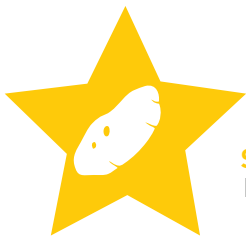


STAPLES
Hatsi da Tsewa



GUINEA CORN
Dawa





STAPLES
Hatsi da Tsewa



YAM
Doya





STAPLES
Hatsi da Tsewa



COCOYAM
Mankani/Gwaza





STAPLES
Hatsi da Tsewa



SWEET POTATOES

Dankalin Hausa



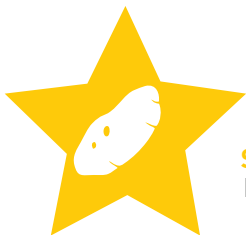


STAPLES
Hatsi da Tsewa



Bread
Brodi





STAPLES
Hatsi da Tsewa



CASSAVA
Rogo



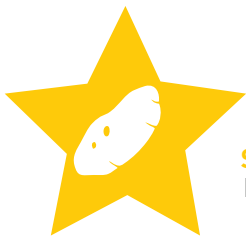


STAPLES
Hatsi da Tsewa



WHEAT
Alkama





STAPLES
Hatsi da Tsewa



PASTA

Talia

