

# Behavior Mapping

Worksheet to determine focus & sub-focus behaviors

**What is it?:** This tool is to help you lay out the sequence of sub-behaviors leading to a core behavior your Core Implementation Team wishes to target.

**How do I use it?:** To start, think of a behavior you want providers to enact, then list all the behaviors that lead to that behavior in order. Use this template multiple times, until you reach 3-4 focus behaviors.



List a provider behavior that is influencing the delivery of quality FP services

This will become your **focus behavior**

List a provider behavior that is influencing the delivery of quality FP services

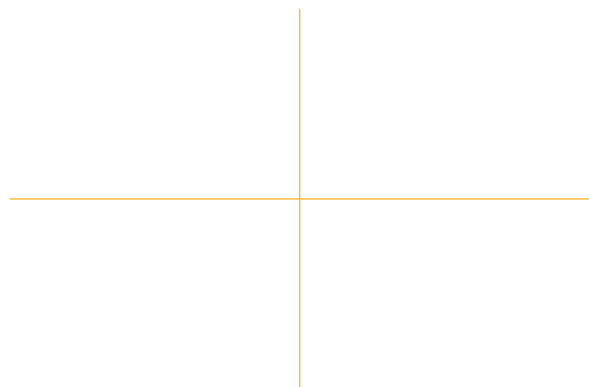
This will become your **focus behavior**

List a provider behavior that is influencing the delivery of quality FP services

This will become your **focus behavior**

What change/improvement do you want to see in this behavior?

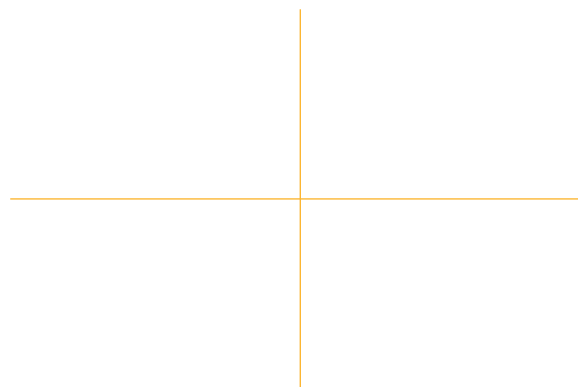
What sequence of actions leads to this behavior?



These actions will become your **sub-behaviors**

What change/improvement do you want to see in this behavior?

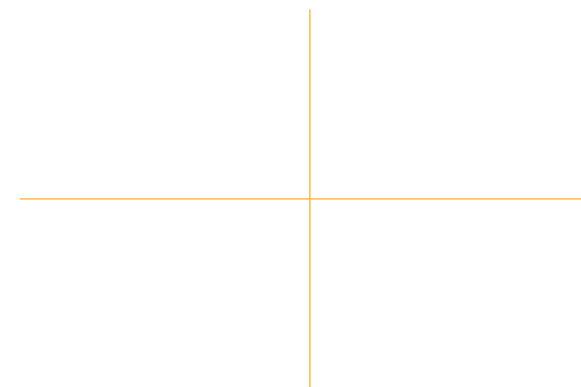
What sequence of actions leads to this behavior?



These actions will become your **sub-behaviors**

What change/improvement do you want to see in this behavior?

What sequence of actions leads to this behavior?



These actions will become your **sub-behaviors**

# Behavior Mapping

Worksheet to determine focus & sub-focus behaviors

**What is it?:** This tool is to help you lay out the sequence of sub-behaviors leading to a core behavior your Core Implementation Team wishes to target.

**How do I use it?:** To start, think of a behavior you want providers to enact, then list all the behaviors that lead to that behavior in order. Use this template multiple times, until you reach 3-4 focus behaviors.



List a provider behavior that is influencing the delivery of quality FP services

Providers require partner or family consent before providing family planning (FP) counseling and / or methods

This will become your **focus behavior**

List a provider behavior that is influencing the delivery of quality FP services

Providers do not always discuss the potential side effects of relevant methods with patients

This will become your **focus behavior**

List a provider behavior that is influencing the delivery of quality FP services

Certain methods are not offered to young clients

This will become your **focus behavior**

What change/improvement do you want to see in this behavior?

Providers are willing, and feel comfortable, providing FP without requesting consent from their clients' partners

What sequence of actions leads to this behavior?

Providers attend training, review best practices, and discuss current law to verify that partner and family consent are not required

Providers discuss the topic with their supervisor and align on this expectation of care. The requisite protections are developed to make providers feel safe

During a subsequent consultation, a woman is encouraged to attend with a partner if desired and / or possible. It is also clarified to her that this is not required

Quality counseling and FP methods are subsequently provided to all clients (regardless if their partner is present), and providers share their experiences with their colleagues

These actions will become your **sub-behaviors**

What change/improvement do you want to see in this behavior?

Providers feel at ease discussing side effects with clients and supervisors hold them accountable to this standard

What sequence of actions leads to this behavior?

Providers attend training and review the standard of care in their facility to verify that side effect discussions are compulsory when providing methods

Providers discuss with their supervisors certain myths about side effects that permeate throughout the community, and align that side effect discussions are required during consultations

Providers discuss relevant methods and potential side effects with a subsequent client and give them space (and make them feel comfortable) to ask questions

Providers gain confidence from this experience and discussions on side effects with all clients become routine. Supervisors periodically monitor that these discussions are occurring

These actions will become your **sub-behaviors**

What change/improvement do you want to see in this behavior?

Providers offer comprehensive and high-quality FP counseling and the method that best meets the clients' needs, regardless of age

What sequence of actions leads to this behavior?

Providers attend training and review best practices to confirm that young women should be provided the option of using all types of methods

Providers discuss topic with their supervisor and align with them on providing methods to youth. The supervisor reiterates the need to provide the same method options to young women as anyone else

During a subsequent counseling session, providers discuss the goals and questions that a young woman has, and all available methods that meet her goals and needs

Providers gain confidence from this experience, share this new knowledge with peers, and provide quality FP services (and methods) to all clients regardless of age routinely

These actions will become your **sub-behaviors**