

Rounds Theme: _____

Focal Person: _____

Date: ____ / ____ / ____ Round #: 1



SELF-CARE

Provider Rounds

FIRST ROUND AGENDA

TIME	Activity
15min	Welcome & Opening Remarks <ul style="list-style-type: none">• Participants arrive and get food• Introduce the purpose of the Rounds, and the meeting theme• Rapid icebreaker• Assign a notetaker, if one has not already been assigned <p><i>Write here any adjustments or comments for the section</i></p>
5min	Develop Round Norms <ul style="list-style-type: none">• The Focal Person leads the group through developing “Round Norms,” which are then displayed on the wall during this and future Rounds. <p><i>Write here any adjustments or comments for the section</i></p>
15min	Provider Story <ul style="list-style-type: none">• Staff member shares an experience related to the meeting theme. <p><i>Write here any adjustments or comments for the section</i></p>
35min	Facilitated Discussion <ul style="list-style-type: none">• Focal person presents written prompt or image to prompt discussion about monthly theme• The focal person facilitates a discussion with all the participants• The notetaker records key learnings throughout the meeting <p><i>Write here any adjustments or comments for the section</i></p>
10min	Key learnings & reflections <ul style="list-style-type: none">• Each participant shares one key reflection from the Round <p><i>Write here any adjustments or comments for the section</i></p>

Further notes

Rounds Theme: _____

Focal Person: _____

Date: ____/____/____ Round #: ____



SELF-CARE

Provider Rounds

REGULAR ROUNDS AGENDA

TIME	Activity
10min	Welcome & Opening Remarks <ul style="list-style-type: none">Participants arrive and get foodThe focal person:<ul style="list-style-type: none">Reminds participants of the purpose of the Rounds, highlights key learnings from the last Round, and introduces the meeting theme (e.g., “Dealing with burnout”)Reads the agreed upon “Round Norms”Asks for one person to volunteer as the notetaker, if one has not already been assigned. <p><i>Write here any adjustments or comments for the section</i></p>
10min	Rapid Icebreaker <ul style="list-style-type: none">The focal person leads the group through a 10-minute icebreaker <p><i>Write here any adjustments or comments for the section</i></p>
15min	Provider Story <ul style="list-style-type: none">Staff member shares an experience related to the meeting theme <p><i>Write here any adjustments or comments for the section</i></p>
35min	Facilitated Discussion <ul style="list-style-type: none">Focal person presents written prompt or image to prompt discussion about monthly themeThe focal person facilitates a discussion with all the participantsThe notetaker records key learnings throughout the meeting <p><i>Write here any adjustments or comments for the section</i></p>
10min	Key learnings & reflections <ul style="list-style-type: none">Each participant shares one key reflection from the Round <p><i>Write here any adjustments or comments for the section</i></p>

Space for further notes



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